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Themes: Learning Disabilities, Physical Disabilities, , Transport

Aimed at: All People

Tall Trees is an autism specific day service based in Retford, Nottinghamshire, offer a wide range of structured activities based on individual requirements and interests.

Our building, which used to be the Tall Trees doctor's surgery has been fully refurbished and now consists of a communal area, IT / media suite, relaxation areas, two training kitchens to help promote independent living skills, gardens, craft rooms and a meeting room.

The service runs for 52 weeks a year, 7 days a week excluding bank holidays, operating between the hours of 8am and 8pm.

Activities:

Tall Trees Day Services offers a flexible programme of activities based on individual preference.

Activities Available:

Work Skills:

Literacy

Communication

Computer Skills

Creative:

Arts and Crafts
Music and Dance

Relaxation:
Music
Sensory Room

Life Skills:
Cooking skills
Independent living skills
Keeping fit
Social skills

Community Based Activities:
Supported voluntary placements
Accessing public transport

Sports and Hobbies:
Swimming
Gardening
Horse riding
Bowling

Our experienced staff will work with you to develop an individual plan of activities. We aim to help develop skills by creating a structures timetable within a supportive environment.

All our activities specifically focus on developing communication skills, social integration, confidence and independence.

STATEMENT OF PURPOSE

Area: Bassetlaw

Contact Details

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