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**Themes:** Advocacy, Counselling, Domestic Abuse

**Aimed at:** Baby & Toddler Age 0-5, Children Age 6-11, Teenagers 12-17, Women only

We provide a safe environment for women, with ongoing support, advice, counselling and learning opportunities. We believe that every woman should live a life free from abuse and be the director in their own lives. At Nottinghamshire Women's Aid we believe in you and look forward to working for every woman who needs us.

**EMPOWERING WOMEN, CHILDREN AND YOUNG PEOPLE TO SURVIVE AND THRIVE**

We believe that women, children and young people have the right to live their lives free from violence, abuse and fear. We are committed to the principle of self-help and self-determination, working from our deep rooted ethos of empowering women who seek advice, information, support or refuge to determine their own future.

Our aim is to live in a society where our services are no longer needed and domestic abuse is eradicated

Nottinghamshire Women's Aid support young men up to the age of 17 years 11 months - please see Children and Young People

If over this age a referral should be made to Equation, whose details are below:

Phone: 0115 960 5556

Website: [www.equation.org.uk](http://www.equation.org.uk)

Email: [info@equation.org.uk](mailto:info@equation.org.uk)

**Area:** Bassetlaw

### **Contact Details**

NOTTINGHAMSHIRE WOMEN'S AID

Chapel Walk

S80 1LR

[enquiries@nottswa.org](mailto:enquiries@nottswa.org)

01909 533610

<https://nottswa.org/>

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