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**Themes:** Advocacy, Children's Mental Health, Counselling, Mental Health, Sexual Abuse

**Aimed at:** All People

SHE UK aims to give you, the survivor, confidence, new friends, new skills, a support network, and most importantly a family who will always be there for you.

Give us a call to talk confidentially to one of our trained staff and find out about our services and how we can help you.

SHE UK Objectives:

Actively reduce the distress of child victims and adult survivors of incest or childhood sexual abuse, including rape, through a range of services including but not limited to a variety of therapeutic interventions, drop-ins, adult learning courses and mentoring support.

Provide members with a comprehensive platform to develop their own care pathway in a secure, confidential, non-judgmental and sharing environment.

Provide a range of services and support for the families of child victims and adult survivors of incest or childhood sexual abuse, including but not limited to a variety of therapeutic interventions, support sessions and befriending support.

Advance the education and awareness of the long-term personal and social implications and effects of incest and childhood sexual abuse, through training and conference delivery for health, social care, well-being and education providers.

(This is not an exhaustive list.)

**Area:** Bassetlaw

## **Contact Details**

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