

[Back to listing](#)



**Themes:** Advocacy, Health and Wellbeing, Healthier Lives, Learning Disabilities, Physical Disabilities, Specific Health Conditions

**Aimed at:** Adults 18+

We are a social group for people aged 18 - 40 with sensory, physical or mild learning disabilities

The group usually meet on the 2nd Thursday of each month at different locations around Nottinghamshire; Our principal area is West Bridgford.

Our group is unique as our events take place in the evening with some days out at the weekend in the summer months.

We are now into our 27th year.

**Area:** Bassetlaw

### **Contact Details**

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[Back to Listing](#)