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Themes: Advocacy, , , Mental Health, Public Sector Services

Aimed at: Baby & Toddler Age 0-5, Children Age 6-11, Teenagers 12-17, Women only

We're here to help women living in the Borough of Broxtowe who are experiencing domestic abuse.

We provide a confidential helpline, outreach service, training courses and drop in sessions, all aimed at empowering women and to help them survive domestic abuse.

OUTREACH SUPPORT

Our outreach team provides women experiencing Domestic Abuse with vital information and support.

Support can be provided over the phone or in person by one of our experienced and qualified outreach workers.

Our outreach workers offer information on housing, benefits, police procedures and legal issues and can also refer women to other agencies if more specialist help is needed. An outreach worker can accompany a service user on her first visit to a solicitor, benefits agency, the police etc. and will speak on their behalf if requested.

Frequently asked questions

Is it confidential?

Discussions between the service user and the outreach worker are totally confidential in most circumstances. If there is a need to break this confidentiality, such as for reasons of child protection, the outreach worker will explain the reasons to the woman before she speaks to anyone else about the situation.

Where will we meet the outreach worker for face to face support?

You can talk to the outreach worker on the phone or she can meet you. The safety of a service user is the outreach worker's top priority and will not arrange to meet a woman in a place which she believes would be unsafe. Meeting places are arranged to be as convenient and accessible to the woman as possible within the considerations of safety and privacy.

How do I make an appointment?

Appointments can be made by phone directly or a woman can be referred to us by other agencies. We will never pressurise a woman into having support from us. We are there to empower women not control them.

We operate Monday to Friday 9am to 5pm and can be contacted on 01773 719111 (except weekends and Bank Holidays). We have a confidential answerphone at other times or when we are unavailable. If you prefer to text us then please do so on: 07914 634190. We will aim to get back to you the same day or next working day.

Legal advice

Broxtowe Women's Project offers access to free legal information and advice in cases of domestic violence and abuse. We work with local solicitors to help women and families access the legal advice they need to move forward in their lives.

Outreach workers will discuss this opportunity with you in a bid to make legal advice and support more accessible and easy to understand. The help you receive should clarify what legal advice might be available to you.

To book an appointment and access free legal advice, please call 01773 718555 or email enquiries@broxtowewp.org

Free debt management advice

We work with PayPlan to help supply information on debt management in a time of need.

As one of the UK's leading free debt advice providers, PayPlan offers trusted,

expert help and advice to anyone struggling with multiple debts. Since 1992, they've helped over 1 million people take control of their finances.

Children's services

Domestic abuse can impact children and young people in many different ways and some may even experience abuse themselves.

Many children and young people do cope with and survive living with abuse, at times displaying extraordinary resilience. However there can be negative, long lasting impacts on a child or young person's psychological and emotional wellbeing.

How does domestic abuse affect children?

Children and young people may suffer with:

Anxiety, including separation anxiety

Attachment issues

Low levels of self-esteem and confidence

Behavioural issues

Children and young people who have experienced domestic abuse may also develop negative coping strategies such as:

Emotional numbing

Self-harm

Substance misuse

Engagement in risk taking behaviours

Isolating themselves

How can we help?

Broxtowe Women's Project offers a range of services to support young people to talk about their experience in a safe and confidential environment.

The one to one support our children workers offer can help children and young people to:

Explore their feelings in a safe environment

Learn how to stay safe

Learn about healthy relationships

Build self-esteem, confidence and resilience

Receive support to access community networks

Children and young people can also access counselling and therapeutic

interventions for:

Support for more complex needs

Support to develop positive coping strategies

Explore feelings, thoughts and behaviours at a deeper level in a safe and confidential space

Expression through creative art therapies

If you or someone you know may benefit from our children services, you can contact Broxtowe Women's Project by calling 01773 719111. If you prefer you can text our mobile number 07914 634190. Alternatively email enquiries@broxtowewp.org. If you don't get through right away please leave a message on our confidential answerphone and we'll aim to get back to you the same or next working day.

Area: Bassetlaw

Contact Details

PO Box 6660

NG16 3ZE

enquiries@broxtowewp.org

01773 719 111- domestic abuse

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