

[Back to listing](#)



Themes: Care and Carers, Housing

Aimed at: Older Adults 65+

Care Sourcer is the UK's first comparison and matching site for care. Anyone can enter their care needs on our secure website and find care providers who have immediate availability.

This is in stark contrast to the current landscape of care, where despite their urgent need, people can often wait weeks or even months to find a care provider who can help.

At Care Sourcer, we are transforming the care sector by bringing choice, control and transparency to the market.

When it comes to choosing the right care home, the first thing to decide is whether a nursing or residential home is required. A residential home is a safe place where 24 hour care and support is provided. A nursing home is very like a residential care home, the main difference is there are always trained nurses on duty there, so more suitable for those who have a medical condition and need treatment or have been told they have nursing needs.

Below the two types of care homes are described for you coupled with answers to a few of the more frequently asked questions on this topic, to help clarify your next right step on your care journey.

Nursing Home

There will usually be an option for long or short-term care
Nurses and carers provide 24 hour support here
An individual healthcare plan will be designed for each resident
Specialised care is provided for conditions and life events including: Parkinson's disease, Huntington's disease, Dementia, postoperative care and strokes
Social activities will be provided to an appropriate level

Residential Home

The care is tailored around the individual's care needs
Residents are encouraged and supported to be independent
Social activities are provided but not compulsory
Care is provided as needed with regards to taking medication, bathing and meal times
Are there other care alternatives that may suit better?

There are a few other options you may wish to consider before deciding on moving into a care home. The alternatives options below will largely be dependant on your individual level of need.

Arrange care within your own home be it with a professional carer or a loved one
Adapt your home to meet your needs
Arrange for a care needs assessment to be taken, with a social care professional. They will be able to clarify exactly what you require but also what costs may be covered by your local authority
Moving into sheltered housing, which enables you to live independently with available on-site support
How do I find a suitable care home for my needs, in my desired location?

If you are looking for care, Care Sourcer offers a free searchable directory of local care homes. Or use one of our quick links below to find a care home near you.

London

Bristol

Birmingham

Edinburgh

Leicester

Glasgow

If you need care urgently, we also have a team of care experts who are available

by telephone to help guide you through the process.

Another useful source:

The Age UK website provide a very thorough and useful care home checklist of elements to check and factor in.

Area: Bassetlaw

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[Back to Listing](#)