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**Themes:** Addiction, Counselling, Support Groups

**Aimed at:** All People

We support individuals in Nottinghamshire and Lincolnshire with problematic drug and/or alcohol use to rebuild their lives within the community through our recovery support services.

How we can help

Your recovery offers a fantastic opportunity to build a new life in the community. We believe in your potential and can help you reconstruct the parts of your life you may feel you are struggling with, such as your confidence, your career and your accommodation. Throughout your recovering we will offer you safe places to start piecing together the things most important to you.

Our services are free and confidential. They are focused around peer support, groupwork, personal development, learning and volunteering, a lot of which is now available online. We do not provide clinical services or medication, so we may recommend that you contact your local treatment service if you are likely to require this kind of support.

Do you or a person you know need help in recovering from addiction?  
Get in touch. Let us help.

Our phone numbers

Nottingham (Nottingham Recovery Network) - 0800 028 5598

Nottinghamshire (Recovery Links Nottinghamshire) – 01623 272838

Lincoln & Lincolnshire (Lincolnshire Academy) – 01522 304 246

Clean Slate Academy (Nottingham) - 0800 028 5598

Opportunity & Change (Nottingham/ Notts) - 07702 252716

Towards Work (Nottingham/ Notts) - 07850 503152

Well For Work (Nottingham/ Notts) - 07525 836793

Boston Recovery Pathways (Lincolnshire) - 01205 824 0366

**Area:** Bassetlaw

### **Contact Details**

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