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**Themes:** Community Sports Groups, Social Activities, Volunteering, Green Social Prescribing, Outdoor Sports

**Aimed at:** Baby & Toddler Age 0-5, Children Age 6-11, Teenagers 12-17, Adults 18+

Development of rugby football in the Retford area for the benefit of the community at large regardless of age, race and gender, and promote awareness amongst young people of the benefits of sport as a means of encouraging physical well-being.

Tuesdays, Thursdays and Sundays, males and females of all ages.

**Area:** Bassetlaw

### **Contact Details**

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<https://eastretford.rfu.club/>

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