

[Back to listing](#)



**Themes:** Advocacy, Counselling, Employment, Learning and Skills, Interview Techniques, Job Applications and CV's, Mental Health

**Aimed at:** Adults 18+, Veterans

Who We Are

Forces in the Community, located in Beeston, Nottingham, is a charitable organisation dedicated to helping the ex-military community. With our volunteers, staff, and partners' dedication, we strive to improve the lives of everyone who needs help within our community. Contact us to see how we can bring about positive change together.

How We Help

Adjusting to civilian life can provide challenges. If you are unsure what to do next or want a safe and confidential place to talk, don't hesitate to contact us. We will do our best to help or point you in the direction of people who can.

Employment

Employment options are many and varied. The key after leaving military service is maximising the skills and experience gained to make the most of any opportunities. We provide help with CV writing, interview skills coaching and career signposting.

## Welfare and Benefits

We have supported over 50 veterans and their family members negotiate the application process to claim entitled benefits. Personal Independence Payment (PIP), Jobseeker's Allowance (JSA), Employment and Support Allowance (ESA), Housing Benefit, Attendance Allowance (or Disability Living Allowance), Carer's Allowance are just some of the benefits we have seen awarded.

## Housing

Leaving the armed forces is more than just leaving a job, it's losing a lifestyle, and in a large number of cases, home. Therefore the possible challenges can centre on employment and finding a new home. Identifying a home, rather than just a house, could be key to stability and progression.

## Mental health and counselling

At some points in our lives, emotions can feel overwhelming. Some psychological issues faced by service leavers, and family members, may be difficult to reconcile. Sharing with loved ones is not always easy, and often seeking support can seem daunting.

## COVID 19

The charity has been providing support to many veterans who have experienced difficulties due to the pandemic.

Our funding is limited, but if we can help, we will.

## Projects

Since 2010 the charity has successfully managed projects supporting the needs of veterans.

Veteran Talks, Veterans' Mess Tent, Veterans in Mind and Helping Hands are current projects supporting veterans.

**Area:** Bassetlaw

## Contact Details

2 Cross St

NG9 2NX

0115 922 0320

<https://bassetlaw-health.co.uk/admin/services/2211>

[Back to Listing](#)