

[Back to listing](#)



**Themes:** Nature and Outdoors

**Aimed at:** All People

Unfortunately due to the current lockdown we are unable to hold our regular sessions. Here's a selection of some of the sessions we'll be running when we're back open.

Monday

Craft and Chat - 1.00 pm - 3 pm

A great session to meet like minded creative people, learn new creative skills and share yours with others.

£1.50 per session (refreshments 30p)

Tuesday

Crochet Club - 11.30 am - 1 pm

Learn how to crochet and knit in our laid back group and have a cuppa and natter whilst you're at it. All abilities welcome.

£2.50 per session including materials.

Wednesday

Doe Lea Dancers - 4.00 pm - 5.00 pm

(Ages 2+) Join our professional dance teacher for an hour of fun dance activities encompassing all styles of dance.

£2.00 per session.

Thursday

Yoga - 6.00 pm - 7.30 pm

Join Keith for an hour and a half of high quality yoga. An excellent way to keep fit improve flexibility and relax. All abilities welcome.

£5.00 per session

Friday

Outreach Post Office - 11.30 am - 1.30 pm

**Area:** Bolsover

### **Contact Details**

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[Back to Listing](#)