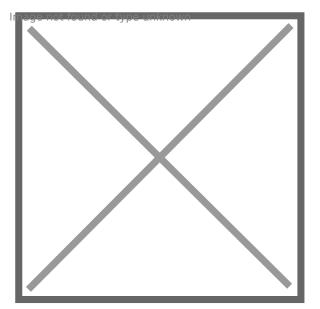
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Themes: Advocacy, , , , , Mental Health Aimed at: Baby & Toddler Age 0-5, Adults 18+

Many of our Children's Centres are open, on an appointment only basis, and our teams are still working with families who need support.

1:1 family support, breastfeeding support, support with new babies, Forest Schools and PHEW wellbeing sessions, baby massage and sleep clinics are running.

Healthy Start Vitamins are available to collect and the FOOD Clubs are open, all by appointment only.

Baby Self Weigh is available by appointment.

BABES Groups and lots of other activities, including play and early learning activities are available online.

From 17 May BABES Groups, Weaning Groups and some parenting courses will start to be available face to face.

Our Services Children's Centres can offer one to one or group support with:

the emotional health of you or your child playing with your child children's behaviour domestic abuse children's development, including listening and communication feeding your child increasing your confidence and help to get a job

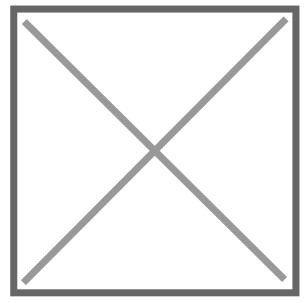
preparing for a baby

We can give you information about other services, and our groups are a great place to meet other parents and carers with young children. There are also lots of volunteering opportunities - ask at your local Children's Centre or use the contact details below to find out more

Area: Bassetlaw

Contact Details

Hallcroft Children's Centre Childrens Centre DN22 7QH <u>cc.bassetlaw@nottscc.gov.uk</u> 0115 9773754 https://www.facebook.com/ChildrensCentreServiceBassetlaw/



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