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Themes: Advocacy, , Mental Health, Public Sector Services

Aimed at: Older Adults 65+

Intensive Home Treatment Team (IHTT)

The service provides specialist assessment, active therapy, treatment, and the opportunity for recovery, for older people with a mental health problem.

The Intensive Home Treatment Team (IHTT) enables people to have the choice to live as independently as possible. We believe people experiencing mental health problems are entitled to the highest quality care.

The service is delivered in people's own homes and we make every effort to prevent unnecessary admission to hospital or residential care.

The service is provided in patient's own homes between 8am to 8pm, 7 days a week, 365 days a year.

The service provides support under the following eligibility criteria:

The patient must have a GP in the area the service is being delivered.

Be aged 65 or over with mental health difficulties

The service also sees patients of any age with working age dementia

People living alone who are at risk of self-neglect or are a danger to themselves or others

People who live with their carers and are under extreme stress

People in secondary, respite and residential care who could return home given an intensive period of support

Area: Bassetlaw

Contact Details

Nottinghamshire Healthcare

NHS Foundation Trust

NG3 6AA

01777 862 379

<https://www.nottinghamshirehealthcare.nhs.uk/intensive-home-treatment-team-ihtt>

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