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Themes: Advocacy, Bereavement and Grief, Counselling, , , , Mental Health

Aimed at: All People

If you're having a difficult time

What to do if you're not feeling okay.

You can get in touch about anything that's troubling you, no matter how large or small the issue feels.

Call us now for free on 116 123

More about calling us

We're here to listen, no judgement, no pressure, and help you work through what's on your mind. We'll never tell you what to do.

If you need advice or specialist support for a specific issue, such as a bereavement or domestic abuse, we've put together a list of specialist organisations, including their contact details, which you may find helpful.

The Mansfield branch offers emotional support in a safe environment, to talk over problems, feelings and issues causing stress and worry, especially those creating extreme despair. One to one appointments for listening support are available by contacting our branch.

We have over 50 trained volunteers who respond to over 16,377 contacts for

support by phone, email, text and face to face visits to our branch.

Our work with in the community is extremely important to us and includes talks in schools, community groups, workplaces and organisations who maybe interested in and benefit from knowing more about our service.

We are proud to have a number of close partnerships with local organisations, including HM Ranby Prison, Network Rail and Mansfield Football Club, where we are working together to provide support and advise to people in need.

Everyone in our Branch is a volunteer with many opportunities to get involved. Our listening service is just one way, others include roles in administration, fundraising, IT support and within our Charity Shop. To learn more about volunteering at the Mansfield branch please contact us on Sams1agrovestreet@yahoo.co.uk

The Mansfield and District Samaritans Charity Shop stocks a wide variety of products and directly supports our branch. It is open 5 days a week and is located at 28a, Kingsway, Mansfield, Kirkby in Ashfield, Nottingham. NG17 7BD. Phone 01623 721001.

Our privacy statement

At Samaritans, privacy is at the heart of what we do. We are committed to protecting your privacy and the personal information that we hold. Read our privacy statement

Area: Bassetlaw

Contact Details

THE SAMARITANS

THE UPPER MILL

KT17 2AF

admin@samaritans.org

116 123

<https://www.samaritans.org/>

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