### our partners

Areas we can provide support/provision to you.



### contact us

To find out more information about Opportunity and Change then please visit our website or give us a call.

**Phone:** 0115 850 4086

Website: www.opportunityandchange.org

If you would like to make a referral please contact us via email

**Email:** opportunityandchange@frameworkha.org



# introduction

for partners, referrers and participants









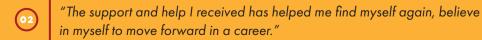
## about Opportunity and Change

Opportunity and Change, led by Framework, is an employment-related support project for people with multiple and complex needs. It is delivered by a partnership of community based organisations across D2N2 (Derby, Derbyshire, Nottingham and Nottinghamshire).

The project supports individuals, referred to as participants, experiencing at least two of the following issues:

- Being homeless or vulnerably housed
- Problematic substance or alcohol misuse issues
- Offending or at risk of reoffending
- Mental health issues
- Domestic Abuse

The project is part of the Building Better Opportunities (BBO) Programme, which is funded by the European Social Fund (ESF) and The National Lottery Community Fund.



## project

The overall aim of the project is to support people across D2N2 with multiple and complex needs to become socially and economically included through access to education, training and employment.

Opportunity and Change offers employability to those furthest away from the labour market alongside support to address their complex needs.

Participants are assigned a personal 'Navigator' who will help them to identify short and long term goals, create a 'change plan', and access a range of specialist support in their local community to help them to progress. Some of the specialist services and interventions available to Opportunity and Change participants, include:

- Skills Plus for Change: a bespoke training package offering bite-sized learning around employment, personal development, wellbeing, and managing independent living.
- The Loudspeaker Programme: a 10 week programme run by Nottingham Contemporary. Through group-based learning, creative making exercises, personal reflection and appreciation of contemporary art, Loudspeaker supports participants to increase their self-esteem and self-awareness, and develop skills to make healthier life choices.
- Care Act Team: a dedicated team of social workers who engage with participants to ensure they have fair access to an eligibility assessment for provision under the Care Act (2015).

#### "My Navigator introduced me to a variety of services I wasn't previously aware of including courses and mental health support."

## eligibility

To access the project, individuals must be experiencing at least two of the issues outlined on page 2 of this leaflet.

Participants are also required to prove they have the Right to Work in the UK and are either unemployed or economically inactive.

#### Evidence of this includes:

- Passport
- Full or short UK birth certificate
- Current Biometric Immigration document (Biometric Residence Permit)
- National Identity Card (EEA)

#### Participant support costs that are met by the project, include:

- Childcare
- Interpretation and translation
- Travel
- One off items to help meet goals identified on the change plan



"The Navigator and other support staff have been very understanding. I felt that I could talk to them about myself and my problems."