

# WE ARE UNDEFEATABLE

WAU Bolsover June 2021 – December 2021 - Evaluation February 2022 Pilot



Over a 6 month focused period, We Are Undeatable Bolsover aims to enable those living with long term health conditions to live active lives. The work will focus in Shirebrook. Principles that have been developed through the Place Alliance will help guide how we work.

Shirebrook continues to be one of the most deprived parts of the Bolsover District as evidenced through the Index of Multiple Deprivation (2019). The area has many active Community groups, which have been supported by the work of Thriving Communities. We will work with these community groups and other assets in the local community to better understand residents and what is important to them.

The learning from this work will help inform future place-based approaches connected to North East Derbyshire & Bolsover Place Alliance.

## The How

The Place Alliance Group is undergoing an Appreciative Inquiry approach which is enabling us to identify how we want to work together; 6 principles have emerged from this process;

- Making the most of and building assets in a place
- Communication
- Connection
- Learning & innovation
- Inclusive and accessible whilst tackling inequality
- Supporting individuals, organisations and communities to lead.

We have spent time collectively exploring what these principles mean to us and how they guide our work. We Are Undeatable is committed to embedding these principles into the work.

## The Work

WAU messages will be embedded within Making Every Contact Count (MECC)). This will be extended beyond health care staff to the wider workforce.

To increase the workforce's confidence in enabling more active lifestyles we will deliver the following training; 'having the conversation to initiate and motivate individuals and supporting individuals to become more active'.

A place-based approach in Shirebrook will look to understand communities through gaining resident voice. This will help inform future action which will be co-designed and delivered by the community and We Are Undeatable Bolsover.

**Contact Details:**

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## Funding and Facilitation

The pilot is funded by **National Lottery and Sport England**, it is one of ten pilot sites across the Country. The pilot is managed by a Strategic Steering Group covering a variety of partners and services, including local groups and organisations. We welcome partnership working whether you're a local organisation or individual please get in touch.

**National Resources - <https://weareundeatable.co.uk/>**