

Adult Community Education News

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Derbyshire Time to Talk campaign

One in 4 of us will experience a mental health problem in any given year. As a result this year **Derbyshire County Council** is running a month long **Time to Talk Derbyshire campaign** from **7 February to 4 March 2022**. The campaign aims to encourage everyone to be more open about mental health – to talk, to listen and to help change lives.

As part of the Derbyshire campaign ASCH.Time2talk@derbyshire.gov.uk is a dedicated email address where you can share your stories on how talking about mental health helped you or someone you know. There are ideas about how to start talking about mental health on the Derbyshire County Council website.



The Repair Shops Jay Blades shows it's never too late to read



Have you caught the tv programme Jay Blades: Learning to Read at 51?

Jay Blades, presenter of The Repair Shop, has decided it's finally time to learn to read. He has been told he has the reading age of an 11 year old. Throughout his life he has found ways of avoiding the written word, and this film digs deep into how this has shaped

him.

Blades left school with no qualifications and nothing to his name other than a reputation as a great fighter. Can he now, in mid-life, tackle what he failed to learn the first time round?

He's not alone in facing this issue. Research findings suggest that a quarter of all children in England leave primary school, like Blades, unable to read to the expected level. More than eight million adults in the UK have poor literacy skills, and half of all prisoners either can't read or struggle to do so.

You can watch this fantastic programme on the <u>BBC iPlayer</u> about how Jay Blades from the Repair Shop learnt to read at aged 51.

Do you struggle to read?

We have <u>English courses</u> online and also in our local adult community education centres that might help you to start your journey like Jay.

Give us your feedback!



Over the last few years, everyone has had to make lots of changes to how they live.

We've had to make massive changes to how we operate and are constantly trying to improve. However, we know that we don't always get things right and that we need to do better.

To help us improve, if you've been on a course since September, please complete our online End of Course evaluation if you haven't done so already.

If you have any suggestions for courses, email daces.feedback@derbyshire.gov.uk

Adult social care sector based work academy programme

This course is for people who are unemployed, actively seeking work and are interested in working in the adult social care sector. You'll learn the skills and knowledge to prepare for work in the adult social care sector. If you're unemployed and actively seeking work, this course is FREE.

The next course is on **28 February 2022**. To book your place, email hazel.jones22@nhs.net

You'll learn:

- skills and knowledge to work in adult social care
- what job opportunities are available in adult social care
- impartial advice from Derbyshire Careers Service
- what other skills and qualifications may be required

Work outside of sessions

You may be given tasks or activities to practise or prepare between sessions.



Pre-course support

You'll be invited to attend a short online digital skills session prior to the course, to make sure that you feel confident using an online learning platform when attending your course.

Additional costs and what to bring

As this course is completely online, you can work from home. You'll need a device to access the course and participate in the online sessions. You'll take part in a range of activities and discussions and produce a written portfolio, which you'll submit by email to your course tutor.

Progression from this course



You'll be offered support by the pathways to health and social care advisor and the Derbyshire Careers Service in preparing to apply for jobs in adult social care at the end of this course. You can also join one of our maths, English or IT classes to gain a qualification.

You'll gain a NCFE Level 1 Award in Preparing to Work in Adult Social Care.

For more information contact Hazel Jones, email hazel.jones22@nhs.net

Struggling to book a Learning for Leisure course?



Guidance on our website and Eventbrite pages has been updated to help you book onto courses more easily.

Our <u>Learning for Leisure</u> pages now have courses listed by subject area with a link to book directly through Eventbrite.

Booking for all of our Learning for Leisure courses is via our Eventbrite pages. If you are unable to open or make a booking

through Eventbrite, you may need to update your internet browser or use a different one (for example, Microsoft Edge or Google Chrome). Read guidance on updating your internet browser.

If you need help with online booking, you can contact either the centre running the course or your local adult education centre.

We have also updated our Eventbrite pages and courses can now be viewed by centre on the 'collections' tab.

Safer Internet Day

Tuesday 8 February is Safer Internet Day!

Through Safer Derbyshire you can take part in a Digital MOT.

The Digital MOT is a cyber security assessment tool developed by the Community Safety Unit at Derbyshire County Council, in partnership with the Cybercrime Unit at Derbyshire Constabulary.

It will take less than 5 minutes to complete the MOT and find out how to be safer online.

Phones, computers and tablets are part of everyday life - online banking, shopping, email and social media. But the longer you spend online, the more risks you are exposed to. So it's more important than ever to take steps to protect your accounts, data and devices from cyber criminals.

By answering a few simple questions, you can find out the most important things you can do to protect yourself online.



Help with anything digital from Derbyshire Libraries



If you would like help with anything digital, including tablets and phones, Derbyshire Libraries can help.

Please contact the Library Information Service on 01629 533444 or <u>ask.library@derbyshire.gov.uk</u> to book a phone support session. They are now also running 1-2-1 session at Chesterfield Library which can be booked in the same way.

COVID-19 update

Following the recent changes in government guidance, we are continuing to encourage staff and learners to wear face coverings whilst moving around the building. We have other <u>safety measures</u> in place and update these as guidance changes.

Find a job with Derbyshire County Council

We work hard to be an excellent employer and in return we expect our employees to give their best so that we can deliver high quality services to the people of Derbyshire.

Find a job with Derbyshire County Council.



Find a job with Derbyshire County Council http://www.derbyshire.gov.uk/jobs

Learn locally with Derbyshire Adult Community Education Service



For further information, contact your local <u>Adult Community Education Centre</u> or visit our website www.derbyshire.gov.uk/adulteducation

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Alternatively you can use the 'delete profile' at the bottom of this email. Please note that clicking on this link will unsubscribe you from all updates from Derbyshire County Council and you'll have to set up a new profile if you want to hear from us.

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