



Take a break with people who care & understand

Lammas Leisure Centre, Lammas Road, Sutton in Ashfield, NG17 2AD

Come and join your local support café. We bring together a community of patients, family, friends, carers who are living with a palliative diagnosis or long-term condition.

2.30 to 4.30pm
Every 3rd Wednesday of the month
Starting from February 2022

This is a place where patients, family, friends, and carers can meet up for coffee, and talk with one another. Friendly members of the local Palliative Care team will be there to chat, listen and provide support.

Drinks and snacks will be available free of charge.

Run by Claire Daley and Emma Blagg who are Clinical Nurse Specialists in Palliative Care.

Why not put it
on your calendar?

You'll be welcome, even
if you just want to pop
in to say hello

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