

# Healthy Eating and Nutrition in the Workplace

for Managers



## Why is good nutrition and healthy eating important in the workplace?

### Topics include:

- What is healthy eating and why is it important in the workplace
- How to create a healthy eating environment for employees
- How to make changes in the workplace to encourage healthy eating

**£160**

Wednesday 13th July 2022

1:30pm - 5pm

**TO BOOK:\***

<https://www.eventbrite.co.uk/e/healthy-eating-and-nutrition-in-the-workplace-for-managers-tickets-344727498227>