

Support with the Cost of Living

If you're worried about the cost of living rise there's lots of support available locally.

This leaflet has information about some of the key support available for parents, carers and families in Derbyshire.

You can also find more advice and information at www.derbyshire.gov.uk/costofliving



**HELPING YOU WITH
THE COST OF LIVING**

Don't miss out. Visit:
www.derbyshire.gov.uk/costofliving

Free school meals

All children receive free school meals in reception and years 1 and 2. But your child may also be eligible up to age 18 if you're on certain benefits. Find out more at www.derbyshire.gov.uk/freeschoolmeals

Healthy Start Vouchers

If you're more than 10 weeks pregnant - or have a child aged under four - you may be able to get help to buy healthy food and milk with NHS Healthy Start Vouchers. Find out more: www.healthystart.nhs.uk

Free childcare - two, three and four-year-olds

Derbyshire families on a low income or on certain benefits can get up to 15 hours of free childcare per week for their two-year-olds.

Parents and carers of all three and four-year-olds in Derbyshire are also entitled to up to 15 hours a week of free childcare. Some families might also be able to get up to 30 hours a week.

Find out more: www.derbyshire.gov.uk/childcarecosts

Tax-free childcare

Families who are in work and who pay for Ofsted-registered childcare may be eligible for the tax-free childcare scheme. Find out more at:

www.gov.uk/taxfreechildcare

Holiday activities and food programme

This programme offers school holiday activities and healthy food for children across Derbyshire. The sessions are free for families who claim benefit related free school meals. Find out more: www.derbyshire.gov.uk/haf

Borrowing and saving

You can get information about lower cost alternatives to pay day loans, savings and community banks at www.derbyshire.gov.uk/savingsandcredit

Benefits check-up

You could be missing out on benefits that you're entitled to. We can do a benefits check for you.

Find out more at: www.derbyshire.gov.uk/welfarebenefits



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