**Health Literacy Training Opportunities**

**Organised by Health Education England in the Midlands**

***Is it your job to communicate with people about health?***

***Did you know that nearly half of the UK adult population does not have the required literacy skills to routinely understand health information, with even more not having the necessary numeracy skills?***

Health Literacy involves:

* people having the skills, knowledge, understanding and confidence to make decisions about their health and wellbeing

and, equally important, it is about:

* the services and systems, that we work in, providing health and social care information and services that can be accessed and understood by everyone who needs them.

***So if you’re interested in transforming the way you work by understanding more about health literacy and why it’s important then why don’t you register for one of these upcoming online sessions using the links below?***

* 7th Sept 9.00 – 11.00: [**Health Literacy Awareness Training**](https://forms.office.com/r/ZvNtxby5P7)
* 10th Nov 9.00 - 11.00:[**Health Literacy Awareness Training**](https://forms.office.com/r/Y8FnzH3uTp)
* 17th Jan 1.00 – 3.00: [**Health Literacy Awareness Training**](https://forms.office.com/r/DWXDeAnY4i)

If you prefer to access an e-learning module there’s a 35-minute session here:

* [**Health Literacy e-learning**](https://portal.e-lfh.org.uk/Component/Details/601299)

And **after completing health literacy awareness training** you might be interested in attending one of these workshops where you will learn how to:

* put health literacy into the heart of your organisation –people, processes & policies
* include your service users in how they are communicated with & to
* create written material that is understandable & helps people act in support of their health
* communicate verbally so that people can understand & act on the information you share
* 3rd Aug 9.00 – 12.00: [**Health Literate Organisation Workshop**](https://forms.office.com/r/6ZdHB6wc5U)
* 28th Sept 9.00 – 12.00: [**Health Literate Organisation Workshop**](https://forms.office.com/r/HEkY52WKzE)
* 24th Nov 9.00 - 12.00: [**Health Literate Organisation Workshop**](https://forms.office.com/r/LgJ3PwtPPX)
* 2nd Feb 9.00 – 12.00: [**Health Literate Organisation Workshop**](https://forms.office.com/r/H7ekZhpk3B)

And finally:

12th October 11.00 – 12.00: [**Community of Practice Workshop**](https://forms.office.com/r/7LCbVg3dPW)

7th March 11.00 – 12.00**:** [**Community of Practice Workshop**](https://forms.office.com/r/QRMc7jYWjA)

For more information on any of the above please contact: [**peter.swan@hee.nhs.uk**](mailto:peter.swan@hee.nhs.uk)

Or e-mail: [**ASCH.healthliteracy.admin@derbyshire.go**](mailto:ASCH.healthliteracy.admin@derbyshire.go)****[**v.uk**](mailto:ASCH.healthliteracy.admin@derbyshire.go#v.uk)