

Tech Buddy Volunteer Role Description

Location: We are looking for volunteers across Derbyshire. This role is agile.

Hours: Varied (minimum 1 hour p/w)

Would you like to be involved in the peer support network across Derbyshire?

Do you want a rewarding opportunity where you can really make a difference in somebody's mental health journey?

If yes, then join our team at the Derbyshire Recovery and Peer Support Service!

The Tech Buddy Scheme aims to address the increasing issue of Digital Isolation by matching Tech Savvy Volunteers with individuals who may be too anxious or lack the confidence to use technology to stay connected with friends, family and other support networks. A Tech Buddy Volunteer doesn't need to be an internet expert, but you should be confident in using both social media and technology.

Who are we?

The Derbyshire Recovery and Peer Support Service provides goal focused 1;1 support, telephone support, mental health surgeries and the development of peer facilitators and peer groups across the county. If you volunteer with us, you will be part of a passionate team who work to improve mental health support across Derbyshire, gain essential experience to add to your CV and the chance to make a real difference in people's lives.

What will you be doing?

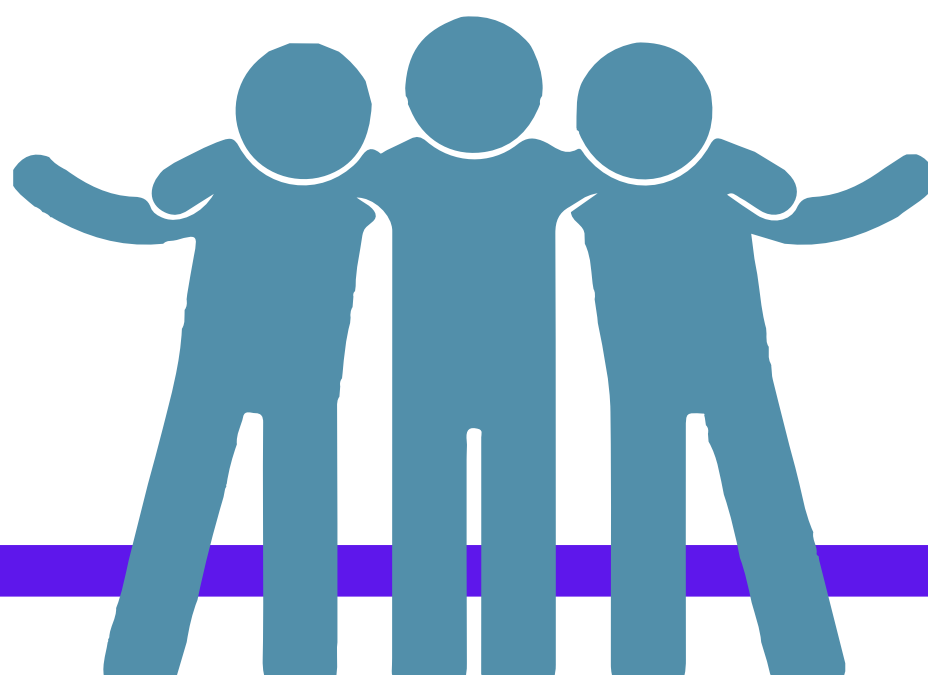
- Working with individuals with the Wellbeing Hubs or Peer Support Groups.
- Clearly explaining how to use social platforms which include but are not limited to: Facebook and Facebook Messenger, WhatsApp, Zoom, Microsoft Teams, Email services and FaceTime.
- Creating resources for your Tech Buddy recipient to use to help them understand the social platforms.
- Planning out support sessions for your Tech Buddy Recipient.

Do you have what we are looking for?

- An in interest in mental health or supporting those with mental illness.
- Knowledge of various social platforms.
- Excellent active listening and ability to build rapport.
- Able to relate to people from all backgrounds and the ability to remain non-judgemental.
- Understand the importance of confidentiality.
- The ability to explain clearly and confidently how to use the desired platforms.

What will you receive?

- Access to various training opportunities.
- An enhanced DBS check.
- 1:1 Supervision with the Peer and Volunteer Co-ordinator.
- Upgraded zoom account if needed.



Volunteer Group Facilitator

Location: Derbyshire

Salary This is an unpaid role. Reimbursement: Any out of pocket expenses will be paid.

Hours: 3-6 per week

To support peer led mental health support groups around the county of Derbyshire, to encourage the groups to be safe and fun environments, help to promote the group, help the groups become self-sufficient, help the group to continue to offer supportive forums for anyone who is affected by mental illness.

The roles are still under development and are totally unique, if you have got lived experience of a mental illness or if you have an interest in mental health, perhaps you want to work in the sector, give something back, help with building your CV, or if you have some spare time, then this is an exciting opportunity, please contact us on 01773 734 989 for more information and to find out what's available in your area. The role is rewarding role as you will be helping group members to take part and engage with other likeminded individuals in their local area.

Will be able to offer 6-15 plus hours per month, be friendly, supportive, understanding of people with mental ill health and be able to hold confidences

Successful candidates will report to one of three group development workers and to a service manager, the Hub is The Croft in Ripley.

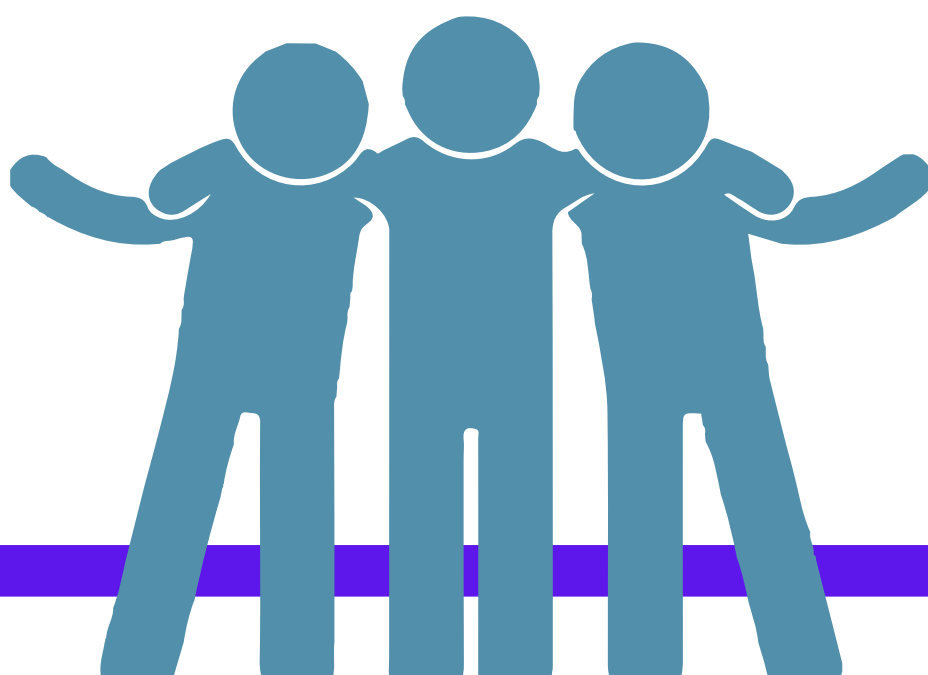
There is a full package of training available.

Enhanced Disclosure & Barring Service

All volunteers can have an Enhanced Disclosure & Barring Service check, this will be funded by the Derbyshire Recovery and Peer Support Service.

The groups are Derbyshire wide, wherever you live in the county of Derbyshire we aim to grow groups near you, (exception - Derby City)

We are passionate about creating a diverse workforce and positively encourage applications from a wide and varies demographic and as a volunteer, facilitator, you would be a valued member of the team, you would help facilitate or run this mental health self-help group. To ensure the members maintain their well-being, by encouraging them to arrange, set up and engage the group activities.



Group Development Volunteer Role Description

Location: We are looking for volunteers across Derbyshire

Hours: Varied (minimum 1 hour p/w)

Would you like to be involved in the peer support network across Derbyshire?

Do you want a rewarding opportunity where you can really make a difference in somebody's mental health journey?

If yes, then join our team at the Derbyshire Recovery and Peer Support Service!

We have numerous vacancies for Group Development Volunteers to join our friendly and inspiring team. Our service support 74 groups across the county and with an increasing demand we must ensure that the group has a consistent point of contact with the service. Your role will be in one of the Derbyshire District to strengthen communication between peer support groups and our Group Development Workers.

Who are we?

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What will you be doing?

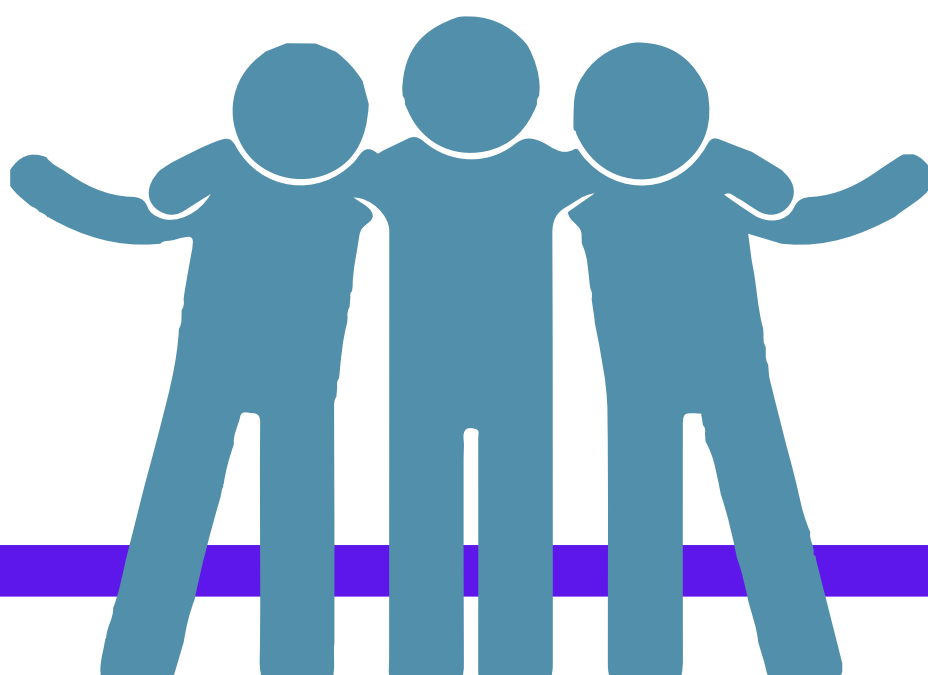
- You will visit a range of peer led support groups in the district of your choice.
- Informing and updating the groups with any relevant information given to you by the group development workers.
- Reporting any information or concerns to the group development team.
- Encourage the groups to become self-sustainable.
- Promote the importance of peer support within the groups.

Do you have what we are looking for?

- An in interest in mental health or supporting those with mental illness.
- Knowledge of the local area.
- Excellent active listening and ability to build rapport.
- An understanding of the principles of Peer Support and Recovery.
- Able to relate to people from all backgrounds and the ability to remain non-judgemental.
- Understand the importance of confidentiality.
- This post will involve travelling to different groups across your chosen area. Whilst a driving licence and vehicle isn't essential, the ability to get to the location of the groups is.

What will you receive?

- Access to various training opportunities.
- Mentoring from the Group Development Workers.
- 1:1 Supervision with the Peer and Volunteer Co-ordinator.
- Reimbursement of reasonable travel expenses.



Social Media Volunteer Role Description

Location: We are looking for volunteers across Derbyshire

Hours: Varied (minimum 1 hour p/w)

Would you like to be involved in the peer support network across Derbyshire?

Do you want a rewarding opportunity where you can really make a difference in somebody's mental health journey?

If yes, then join our team at the Derbyshire Recovery and Peer Support Service!

We currently have vacancies for Social Media Volunteers to join our friendly and inspiring team. Your role will be to either support our peer support groups to set up their own social media pages and feel confident sharing posts and information about their groups or to support the Derbyshire Recovery and Peer Support Service social media platforms in building valuable content about our service and mental health in the community, scheduling regular posts and interacting with our followers.

Who are we?

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What will you be doing?

- Group Social Media Volunteer – Working with our peer facilitators to set up social media platforms
- Group Social Media Volunteer – Help structure groups social media pages and support them in designing content to post.
- Service Social Media Volunteer – Design and create inspiring content around the topic of mental health.
- Service Social Media Volunteer – Support the service with their social media plan and regularly schedule posts to make sure the most accurate information is available for the service.
- Service Social Media Volunteer – Coming up with ideas to help us grow our social media presence on different platforms to raise awareness of the charity and the fantastic work we do.

Do you have what we are looking for?

- An interest in mental health or supporting those with mental illness.
- Knowledge on how to use social media platforms such as Facebook, Instagram and Twitter.
- An understanding of the principles of Peer Support and Recovery.
- Able to relate to people from all backgrounds and the ability to remain non-judgemental.
- Knowledge of designing software (canva, publisher etc).
- The ability to be creative and expressive to make interactive and eye catching content.

What will you receive?

- Access to various training opportunities.
- Mentoring from the service staff.
- 1:1 Supervision with the Peer and Volunteer Co-ordinator.

