## 

**General news:**



**Don’t forget tour of Britain takes place tomorrow, Thursday 8th september**

Nottinghamshire has been chosen to host the 5th stage of the tour of Britain cycle race this year, passing through towns and Villages of our great county on the 190km – approximately 118 mile route.

It will begin on Central Avenue in west Bridgeford before moving through many villages in nottinghamshire and finally finishing outside the civic centre at Chesterfield road south in the mansfield district.

If you would like to come out and helcelebrate this event please find the 2022 route map and race timings here: [Tour of Britain | Nottinghamshire County Council](https://www.nottinghamshire.gov.uk/culture-leisure/sport/tour-of-britain)

**Shadow 2022 8th-9th October**

Shadow is an overnight navigation exercise for organised groups with teams of 4 to 7 young people aged between 13 to19 yrs. Based in the iconic Sherwood Forest, Shadow is now in its 48th year and involves up to 100 teams on the night, with a mixture of abilities, but all taking part to Get Outdoors, Have Fun and Make Memories to last a lifetime!

Teams will need an adult leader present but will go off independently with 6 hours in the forest to navigate around the course completing as many “Challenges” as they can. The more the Challenges completed the more points are awarded!

Team members are required to participate in first aid and navigation training prior to Shadow to ensure they are fully prepared for the event.

Trophies are awarded for the winning categories!

The cost of this event is £65 per Team

If you think you might have a team(s) suitable to enter or just want to get involved yourself with this legendry event, please get in touch with the details below for further information:

Email [nottsoutdoors@nottscc.gov.uk](mailto:nottsoutdoors@nottscc.gov.uk) Tel: 01623 556110



**Ukraine Crisis**

Youth work is universal, no matter where in the world, or in the circumstances, youth work is transformational, Ukraine is a soverign free spirited nation for fighting for democracy and the rights of its citizen, Youth work must unite to support young people in Ukraine as they seek to support in horrific times.

For guides, toolkits and signposts for youth workers and those working with young people in England to help navigate converstaions with young people about the crisis in Ukraine and conflict click the link below for resources

[Ukraine Crisis – NYA](https://www.nya.org.uk/ukraine-crisis/#resources-for-youth-workers)

* .**Training News:**

Contact Andy Marks if you need any information with regards to youth work training: [andy.marks@nottscc.gov.uk](mailto:andy.marks@nottscc.gov.uk)

**Ashfield Play** forum in partnership with the national lottery community grant offer free training to the residents of Ashfield. They have kindly offered unfilled spaces to anyone who recieves the voluntary sector newsletter.

**October**

* 24th Sept & 1st Oct Paediatric 1st Aid 9:00am-16:00pm
* 8th October Emergency 1st Aid 9:00am-16:00pm
* 22nd October Food Safety 9:00am-16:00pm

**November**

* Mental Health Wellbeing

All training is held at Ashfield Play Forum and is free to attend including materials, certificates and exam fees if applicable.

Please note a refundable deposit of £20 per person is required.

The number of people attending is limited to 15 so early booking is essential.

For further information or to book a place please email: [info@ashfieldplayforum.co.uk](mailto:info@ashfieldplayforum.co.uk) or Telephone 01623 441168



**Training Programme 2022- 2023**

We still have places on our training programme for 2022-2023. The training will continue to run virtually as it has proved to be very popular. The virtual registration training will run from 9.00 am to 1.00pm to ensure we can cover all the important aspects of C Card Registration, with the usual short e-learning module that is completed a week before the training. The Refresher will continue to run from 10am-12.00pm

**To view and book onto the 2022-2023 Training Programme, click on the link below and book through Eventbrite.**

<https://www.nottinghamshire.gov.uk/care/health-and-wellbeing/sexual-health/c-card-training>

**Job Vacancies:**

**Job Vacancies** for voluntary groups who wish to advertise within their organisation. If you have any upcoming vaccancies please let us know and we will put your request in our newsletter.

**Covid 19 Update:**

**Coronavirus (Covid 19) Symptoms in Children**

Children and young people aged 18 and under can get coronavirus (COVID-19), but it's usually a mild illness and most get better in a few days.

Symptoms of COVID-19 can include:

* a high temperature or shivering (chills) – a high temperature means you feel hot to touch on your chest or back (you do not need to measure your temperature)
* a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
* a loss or change to your sense of smell or taste
* shortness of breath
* feeling tired or exhausted
* an aching body
* a headache
* a sore throat
* a blocked or runny nose
* loss of appetite
* diarrhoea
* feeling sick or being sick

The symptoms are very similar to symptoms of other illnesses, such as colds and flu.

**What to do if your child has symptoms**

Your child should try to stay at home and avoid contact with other people if they have symptoms of COVID-19 and they are either:

* have a high temperature
* do not feel well enough to go to school, college or childcare, or do their normal activities

They can go back to school, college or childcare when they feel better or do not have a high temperature.

If your child has mild symptoms such as a runny nose, sore throat or mild cough, and they feel well enough, they can go to school, college or childcare.

Encourage your child to cover their mouth and nose with a tissue when they cough or sneeze, and to wash their hands after using or throwing away tissues.

Most children who are unwell will recover in a few days with rest and plenty of fluids.

There is [guidance for people with COVID-19 symptoms and other respiratory infections on GOV.UK](https://www.gov.uk/guidance/people-with-symptoms-of-a-respiratory-infection-including-covid-19).

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Nottinghamshire Children and Young Peoples

Voluntary Sector

**Newsletter**



**Voluntary Sector Development**

The Voluntary Sector Development Team forms part of Nottinghamshire County Council’s Youth Service. Our team covers the seven districts in Nottinghamshire working to support Voluntary Sector Organisations that work primarily with Children and Young People between 4 and 19 (25 if the young people are looked after or young disabled people).

www.nottinghamshire.gov.uk/education/youth-services/voluntary-sector-development-team

voluntarysectordevelopmentteam@nottscc.gov.uk 01623 411 300 07870 111156