



Bassetlaw





AUTUMN WINTER UPDATE OCTOBER 2022

Our weekly minibus lunch club trips are now taking place to a range of eateries in the local area including the Alders in Ollerton,



the Ship in Bawtry, the Angel in Blyth, the King and Miller in Retford and the Lock Keeper in Worksop. In addition we also have a number of day-trips planned to Lakeside, Downtown, Meadowhall, Brigg Garden Centre, Walker's Garden Centre and York Outlet—all priced at £16.50—call us for availability and to book your place.



volunteers We have two new Volunteer Recruitment Administrator posts

Delivery Partnership (Aurora, Bassetlaw Action Centre and Bassetlaw Citizens Advice). Paul and Julia are attending all flu fares hospital. If necessary we can follow up with a home visit. throughout the district as well as visiting many groups and clubs. If you are interested in giving a small amount of your time to one of the many volunteering opportunities we have on offer please contact us on 01777 709650.

RESPECT, DIGNITY & WARMTH



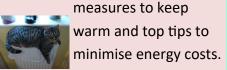




We have opened up our offices as a "Warm Space" for anyone struggling to keep warm at home. We are offering free refreshments throughout the day and hot soup and a roll at lunchtime. Initially, our Warm Space is open every Monday and Friday from 9am to 3pm, but we may

extend opening times if necessary to meet demand. No booking necessary, just come along and meet our friendly staff and volunteers.

Our Energy advisor is available to offer support with understanding bills, securing cost effective



We now have a Heart Start defibrillator on the wall outside the main doors of our office building which can be accessed by members of the public by dialling 999.

Throughout November and December we will be offering some budgeting taster sessions and courses throughout Bassetlaw. This is to enable people to be more aware of their incomings and outgoings and make informed decisions on affordability and where cost savings can be

made. Contact us to register for a course local to you.



with our Partners in the Bassetlaw We have a new service that is available to anyone leaving hospital. Our staff make a telephone call to patients recently discharged from hospital to check that they have everything in place to help their recovery and prevent them from being re-admitted to



Vehicle (WAV) has now arrived and is making regular journeys throughout Bassetlaw.

We are now taking bookings for our next Long Covid self management course which better enables patients to manage their

condition and meet with others for peer support.

