## Carers Rights Day Thursday 24<sup>th</sup> November 2022



"Having the right information at the right time can make all the difference when you're looking after someone" Join our events on Thursday 24<sup>th</sup> November 2022

Date	Details
	Virtual Groups via Zoom (book on to receive the link):
	Benefits Information and Advice session with Amanda Shead from the Nottinghamshire County Council Benefits Team. 10.30am to 12pm
	Estate Planning with Bina Menz Bina will talk about Wills, Trusts, Advance Decisions (Living Wills) and Lasting Powers of Attorney. 1.00pm to 2.00pm
Thursday 24 <sup>th</sup>	Carers Rights in the Workplace – Evening zoom session with Jayne Davies - Employer Engagement Worker from Nottinghamshire Carers Association. 7.00pm – 8.00pm via zoom with Becca
November 2022	Face to Face Drop In Sessions:
	Find out how to get the help and support you are entitled to by coming to one of the following information and advice drop in sessions;
	Middle Street Resource Centre with Sue @ 1.00pm - 4.00pm
	74 Middle Street, Beeston, Nottingham, NG9 2AR
	New Art Exchange with Jazz @ 11.00am - 2.00pm
	39 - 41 Gregory Boulevard, Nottingham, NG7 6BE
	Parent Carer SEN Advice via telephone
	Contact the Hub to book a telephone appointment with Helene: 0115 8248 824 / <u>nottinghamshirehub@tuvida.org</u>

The Virtual sessions will be run on Zoom (laptop/tablet/mobile with speaker & camera required). The zoom link will be sent out the day before the sessions.

To book on to a Virtual session, please contact the Nottinghamshire Carers Hub: Tel: 0115 824 8824 / email: <u>nottinghamshirehub@tuvida.org</u>