



Health campaign calendar

December

Your monthly campaign tool kit to help promote health and wellbeing to your community



Live Life
BETTER
DERBYSHIRE



December

National Campaigns

World Aids Day. 1st December

World AIDS Day takes place on 1 December each year. It's a chance for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness.



Your Sexual Health Matters. Derbyshire's free sexual health service. You can order free, online HIV testing kits. Click on the box to find out more.



Local campaigns

Stay Well in Winter / flu vaccination

Every year we encourage local residents to get ready for winter with a wide range of health and wellbeing advice, from getting your flu jab to keeping your home warm.



Get help and advice on how to stay well in winter online here.

Warm Spaces

Voluntary, community and charity organisations across Derbyshire can now apply to Derbyshire County Council's Warm Spaces Fund to help residents this winter. They could get up to £1,000 to provide a space where people can meet and stay warm during the colder months. Apply here:



www.derbyshire.gov.uk/warmspaces

December

Local campaigns

Affordable credit at Christmas and beyond

Christmas can be an expensive time for us all, and a recent study showed that around 70% of people take out a loan to cover the costs of the festive season.



Get information about community banks, savings and lower cost borrowing

Cost of Living

The cost of living is rising and this could have a big impact on all aspects of your finances including energy bills, the cost of your weekly shop and your take home pay.



Derbyshire County Council has put together lots of information and advice, designed to ensure that you're getting all the help that you are entitled to

Newsletter / payslip / intranet copy

Cost of Living emails

Derbyshire residents can get the latest news, advice and information about the Cost of Living support on offer by signing up to Derbyshire County Council's new cost of living emails.

The council will be sending out regular news and updates on the local and national cost of living support that's available.

There will also be information on how to check you're claiming the benefits you're entitled to, managing debt, cutting energy bills and reducing food waste.

[You can sign up to receive the emails here.](#)

You can also find more information and advice at www.derbyshire.gov.uk/costofliving



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We hope this toolkit is useful to you. If you have any suggestions for improvements please email colleen.marples@derbyshire.gov.uk

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www.instagram.com/livelifebetterderbyshire



www.pinterest.co.uk/livelifebetterderbyshire