

Opportunities for Patient and Public Partners – Role Description	
Name of Board, Committee or Workstream	Planned Care Team- MSK Digital (Planned Care Delivery Board)
How many opportunities are available?	Two +
Who can apply for this role?	<p>You could be a patient, service user, carer, or member of the public who is a carer for someone with a lived experience of musculoskeletal health care service (muscle and joint problems).</p> <p>We welcome applications from everyone aged 16+, regardless of age or background, including those who have not been involved in something like this before.</p>
Description of Board, Committee or Workstream	
<p>A musculoskeletal (MSK) condition is any injury, disease or problem with muscles, bones and joints. Muscle and joint problems are the biggest cause of work absence and physical disability in the UK. A wide range of disorders and conditions can lead to problems in the musculoskeletal system. Ageing, injuries, lifestyle and disease can cause pain and limit movement.</p> <p>MSK conditions account for 30% of GP consultations in England. Low back and neck pain are the greatest cause of years lost to disability in the UK, with chronic joint pain or osteoarthritis affecting more than 8.75 million people in the UK. MSK is a priority for Derbyshire healthcare services.</p> <p>MSK services in Derby and Derbyshire are provided by 15 providers (organisations). This includes 3 NHS providers, and 12 Independent sector providers. Our aim is to provide a more consistent and collaborative offer, which delivers improvement against;</p> <ul style="list-style-type: none"> • Improving experience of care (quality & satisfaction) • Improving the health of the population • improving staff experience • reducing the per capita cost of healthcare <p>The Planned Care Commissioning team is looking for Patient and Public Partners to help shape our work. The team is part of NHS Derby and Derbyshire Integrated Care Board (ICB) and Joined Up Care Derbyshire (JUCD). The JUCD Orthopaedic and MSK programme is aligned to the Best MSK Health collaborative programme, which is an NHS England programme which means the work we do aims to reduce variation in access, outcomes, and experience for those with MSK conditions.</p> <p>The ICB in Derby & Derbyshire is aiming to provide a more consistent and collaborative offer, which will improve the experience of care (quality and satisfaction) and improve the health of our population.</p> <p>Maximising the potential for digital transformation is a key factor in realising this ambition. Following a successful bid in November 2021, JUCD received funding to pilot a digital app. Our digital app is called 'getUbetter' which offers digital self-management. You can access it via the getUbetter app or the getUbetter website. 'getUbetter' provides evidence based</p>	

digital self-management support for common MSK injuries and conditions including- back, leg, neck, shoulder, knee and ankle pain. Each element of the pathway is shaped to local pathways and tailored to our local population in Derby & Derbyshire. Patients are supported digitally through their recovery day-by-day with personalised, evidence-based behaviour change techniques which includes symptom checking, nudges, videos, exercises, and outcome measures. The availability of the app would be marketed widely to maximise use across Derby & Derbyshire MSK providers and patients.

This app will be evaluated to demonstrate future benefits and how our MSK community can benefit from this platform as part of its future core offer across Derby & Derbyshire.

We think it is important to get different perspectives and insights on the work that we do, particularly from members of the public who have lived experiences. We are looking for Patient and Public Partners to help us with the roll out of the app and we will be asking for the following support initially:

- Beginning of programme- give feedback as to how MSK GetUBetter' app is functioning for patients including on
 - Accessibility
 - Ease of use
 - Potential improvements
- Support with localised community content which may be relevant on the app.
- Providing a forum for engagement with the wider system including local authority, third sector, support groups and patient representatives
- The topics covered by the group will widen as more aspects of the MSK work start up.

Key requirements of the role:

- You should have lived; related experience or knowledge of the issues being discussed around MSK patient pathways.
- To be passionate about helping to develop and shape MSK services across Derby & Derbyshire.
- To articulate patient and public and carer views from a broad range of perspectives, sometimes beyond your personal experience.
- To be committed to addressing health inequalities.
- To have an understanding of and commitment to maintaining confidentiality.
- To feel confident communicating effectively with a wide range of people, to voice opinions and contribute to the debate.
- To be open to and respectful of other people's points of view.
- To be willing to undertake personal development and training where appropriate to support understanding of the meeting content and your contribution to discussions.

Responsibilities/Commitment:

There are many things that we may need your help with, some of these things are listed below, please bear in mind that this is not an exhaustive list and there may be other things that we ask you to get involved with. Conversely, there is an opportunity for you to shape the role based on your interests and experience and we do not expect you to take on any responsibilities that you are not comfortable with. Patient and Public Partners will be required to:

<ol style="list-style-type: none"> 1. Attend meetings 2. Give feedback and contribute to decision-making processes related to MSK services 3. Act as a representative and voice for those with lived experience 4. Share information and messages with the public in a way that the public understands 5. Communicate and liaise with patient networks such as Patient Participation Group (PPG) networks. 6. Take things forward, for example, if there is a specific campaign 7. Play a role in developing and shaping services 8. Tasks to be specified as the need arises. 	
Time commitment	Once a month for 1 hour meeting.
Where do meetings take place?	Meetings will take place online through Microsoft Teams and face to face. We currently work mostly online but as we recover from the pandemic some face-to face meetings are taking place. If you are only interested in a remote role this can be accommodated, please specify this in your expression of interest.
Additional information:	
<ul style="list-style-type: none"> • You will be provided with a lead contact to assist with any questions and provide support before, during, and after meetings. • You will receive an induction and support sessions will be available. • You will be required to sign a confidentiality agreement due to the sensitive content of the meeting papers. 	
How do I apply?	
<p>If you are interested, please send in a brief expression of interest covering the following:</p> <ul style="list-style-type: none"> • What interests you about this role? • Tell us a bit about yourself? • What would you bring to the role? i.e., your experience, background, skills, and knowledge • Which workstream you would be most interested in and why? <p>Please send your expression of interest to Sophie Smith, MSK Commissioning manager (Planned Care), ddicb.physio-msk@nhs.net</p>	
Closing date:	February 28 th 2023