NottAlone



Mental Health Co-production Group Shaping the future

Do you have an hour a month to meet online and help shape mental health services in our local system?

We are looking for people with **lived experience** of Mental Health to help us on our co-production journey.

We are currently expanding the successful **NottAlone.org.uk** website to be for all ages and would love to hear your views on content, design and accessibility to make sure it is the best it can be.

Please contact carrie.lambert-smith@nhs.net for more details and to let us know if you want to be involved.



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