

Integrated Care System

#### About the event



#### Aims:

- 1. Increased understanding of how we can work with our communities and why
- 2. Increased understanding of what we can achieve through working in partnership
- 3. Understanding of how Place Based Partnerships are aligned to your community/role/organisation
- 4. Building consensus on this vision, creating shared understanding and commitment for its achievement



#### Focus:

Empowering local communities

#### Themes:

- Prevention
- Equity
- Integration

## **Icebreaker activity**



Wordcloud poll How are you feeling about today? Ready to be inspired Most excellent! Hungry Optomistic Socially awkward Great Anxious Superb Okay Interested **Apprehensive** Want to connect Fine Ready This is new Hopeful Optimistic Curious Warm Happy Warn Motivated Infectious Masks Motivated Chilled Squashed Ready to learn Inspired **Excited** Positive Enthusiastic Overwhelmed Inteigued Slightly overwhelmed Positive and keen to network Positive and engaged to learn Unclear what the intended outcomes are

### **Connecting over Coffee**



A networking activity for people to meet new people and share:

- What's important about today for you?
- What connections are you hoping to make?
- What questions do you have that would be helpful to answer today?

#### People shared:

- Enabling the church to be involved in local community conversations, joining other networks to develop local solutions
- Accessible transport is fundamental for access to services
- Addressing inequality between in-hours and out-of-hours provision and access
- Being inspired here but convincing your line manager – thoughts?!
- Of the examples shared by Adam Lent, what similar work are we doing here?
- We are doing 'New Local' how do we get funding from the NHS to continue our services (Core Centre)

## Making connections and networking





## Our marketplace







So what do we need to do differently to create opportunities for greater community empowerment?

A conversation in each of our place-based partnerships

# Key themes across place-based partnerships



Feedback from the table conversations are shared for each place-based partnership under three key themes:

- Building relationships and trust with our communities
- Building our partnerships
- Improving our services

## **Our conversations**







Summary of common themes across the PBPs



# Building relationships and trust with our communities



#### Trust:

- a strong theme throughout all conversations we need to start with the intention to build trust and relationships.
- Be prepared to put the time in to develop trust hard to gain and easy to lose
- Start with a commitment to building a shared understanding of our communities and their cultures.
- Be clear on what can and can't be achieved a lack of transparency endangers trust

#### Listen and learn:

- go to community hubs and talk to people, find out what matters to them
- The focus must be on the community needs and the citizen's voice
- Recognise the wide range of diverse communities and listen to the seldom heard voices
- Do not reinvent the wheel! Understand what has been done and what has been asked before.

# Building relationships and trust with our communities



- Community networks:
  - There are strong community networks already in place who have already gained trust. Engaging with and supporting these networks is key.
  - Community connectors/champions/enablers/ development workers are embedded within our communities. Connect with and learn from these people.
- Communication:
  - Communication needs to be continual 'you said, we did'. Close the feedback loop and keep talking and listening
  - Develop a common language and better methods of communication. Do not use NHS speak!
  - This has to be more than consultation it needs to be meaningful involvement

## **Building our partnerships**



- Funding:
  - Short term funding is an issue!
  - Need to invest long term and sustainable funding in the community directly.
  - Create pooled budgets/joint funding opportunities.
- Community empowerment:
  - More community voices on decision making boards
  - Delegate authority and give up power
    let the people who know what to dop
    go ahead and do it!
  - Create opportunities for communities to develop their own skills, reduce dependency and create sustainability.
  - Celebrate community empowerment as how we work.

## **Building our partnerships**



- How we work together:
  - We need to be honest and transparent with each other about our intentions capacity and resources
  - Develop our leadership and culture to work together
  - Agree a shared vision and starting point
  - Start small and don't be afraid to fail, not everything will work first time
  - Collaboration across networks should become the norm
  - Listen to and learn from experts by experience
  - Have fun!
- Measuring Impact:
  - How do we work together to make the best use of the data and information we have as a system?
  - There is a lot of rich information out there which we need to draw together
  - Population health data should be talked about in neighbourhood meetings.
  - Count and measure the right things this is not just about KPIs. What are the changes for people?

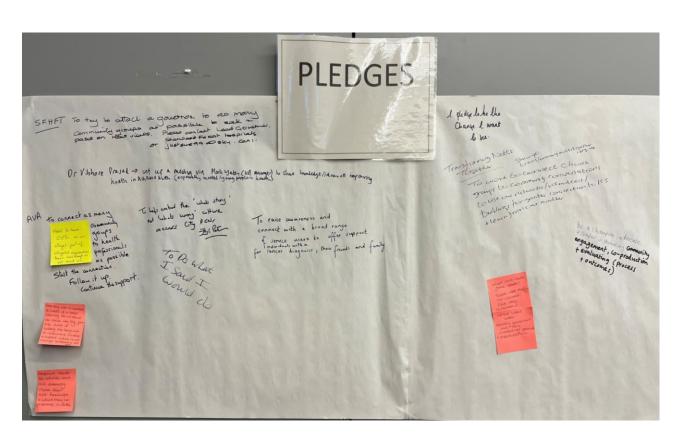
## Improving our services

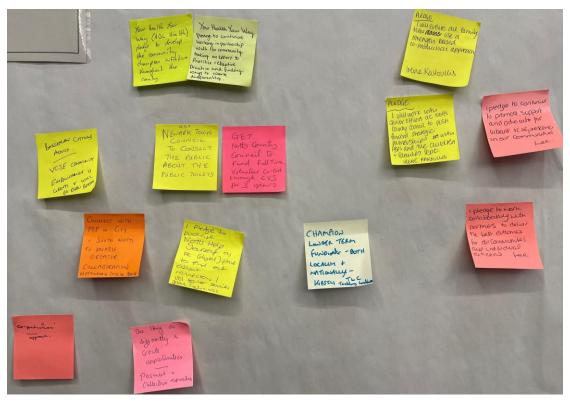


- Navigation:
  - Directories need to be maintained and updated eg Notts Help Yourself
  - Provide more community hubs/one-stop shops where people can access more than one service and information
  - Social prescribers have made a huge difference but pathways are still very complex – need to allow front line staff to make direct referrals.
- Access:
  - Transport is a real issue huge barrier to participation and accessing services
  - Need more mobile services that are community based
- Person-centred
  - Take time to get to know people face to face see the whole person and their family
  - Provide more personal budgets and enable creative packages of support from the community.
  - Referral pathways need to be simpler people feel passed from pillar to post

## Our pledges









## **Evaluation**



## What went well? Key themes and insights



- Opportunity to network, meet new people or meet people face to face for the first time, connect, have conversations, learn and collaborate
- Marketplace and table conversations
- Positive energy
- Diverse mix of people good representation across place-based partnerships – well attended
- Commitment from partners and people willing to engage and contribute
- Presentations and presenters to learn what's going on and being achieved in our place-based partnerships, guest presenters provided new ideas, insights and perspectives
- Parking
- Catering had mixed reviews

# **Even better if? Key themes and insights**



- Bigger room with more space between tables people felt cramped and found it difficult to move freely and network
- More time for networking and conversations not as interactive as anticipated, too many presentations and not running to time meant one conversation opportunity was missed
- Missing the key conversation about voluntary sector funding to enable collaboration
- It would have been powerful to hear from a community group to support the theme of empowering communities and have input from coproduction and a focus on children and young people
- Sound issues were a problem and screens weren't always clear and some slides had small and overcrowded text
- Breaks were too short, long queues for tea and coffee and the ladies toilets
- Tangible outcomes and actions from the investment of people's time