

Nottinghamshire Children and Young Peoples

Voluntary Sector Newsletter

General news:

**Nottinghamshire
Family Hub**

**Have your say on
our proposals for the
roll out of family hubs
across Nottinghamshire**

Complete the survey at
[www.nottinghamshire.gov.uk/
family-hubs-consultation](http://www.nottinghamshire.gov.uk/family-hubs-consultation)

2 October - 3 December

You can also be entered
into a free prize draw to
win £150 Love to Shop voucher
if you complete the questionnaire.
Terms and conditions apply.

**WIN
£150**

**Nottinghamshire
County Council**

Family Hubs Consultation Survey 2023

Family hubs aim to make a positive difference to children, young people and their families by providing joined up, local services which provide the right support at the right time.

A key aim is to provide a 'front door' to families, offering a 'one-stop shop' of family support services for families with children from conception to late adolescence, including a focus on pregnancy, babies and toddlers.

Services will include information, advice, and guidance, parenting programmes and one to one support, clinics, and appointments with health professionals. For example, midwives, breastfeeding support sessions and appointments with specialist services such as counselling, substance use, domestic abuse services, housing, and benefits advice.

Each family hub is unique to the local community it serves and aims to make a positive difference to young people, parents, carers, and their children. It does this by providing a mix of physical and virtual spaces, as well as support in family homes, where families can easily access non-judgmental information, advice, and support.

As we develop family hub networks in Nottinghamshire, we want to gather your views and ideas, so that we make sure that the services provided meet the needs of local families.

Give us your view: [Family Hubs Consultation Survey 2023 - Page 1 of 10 - Nottinghamshire County Council - Citizen Space](#)

The survey will close on 3 December 2023.



ADHD

AWARENESS MONTH

ADHA Awareness Month

October is recognised as ADHD Awareness Month, a crucial time to shed light on Attention-Deficit/Hyperactivity Disorder (ADHD) and provide support and understanding for those who live with it. ADHD is a neurodevelopmental disorder that affects both children and adults worldwide. In this blog post, we will delve deeper into what ADHD is, discuss ways to support individuals with ADHD, highlight the importance of raising awareness, and provide resources for those seeking more information.

What is ADHD?

ADHD is a complex condition that impacts a person's ability to focus, control impulses, and exhibit hyperactive behaviour. It is essential to note that ADHD is not simply a result of laziness or a lack of discipline. It is a legitimate medical condition that affects an individual's executive functioning skills. ADHD can manifest in three subtypes: predominantly inattentive, predominantly hyperactive-impulsive, or a combination of the two.

Individuals with ADHD may find it challenging to stay focused, follow instructions, and complete tasks. They may struggle with time management, organization, and exhibit impulsive behaviours. ADHD can have a significant impact on academic, professional, and personal aspects of a person's life. However, with the right support and understanding, individuals with ADHD can thrive.

ADHD Resources

For individuals seeking more information, education, and support, here are a few recommended resources:

ADHD Awareness Month [ADHD Awareness Month 2023](#)
This website offers a wealth of information on ADHD,

including resources for parents, educators, and individuals with ADHD themselves.

ADHD UK [ADHD UK - Homepage - ADHD UK](#) This website provides specific advice and support for people in the UK.

Or if you want to further develop your knowledge, Axcis offer free ADHD and neurodiversity training to all registered candidates. To find out more, visit our [CPD Training and Career Development - Axcis](#) page on our website, or get in touch with your:

[Contact - Axcis](#) or our candidatetraining@axcis.co.uk

ADHD Awareness Month provides an opportunity to not only understand the challenges faced by individuals with ADHD but also to promote a more supportive and inclusive society. By educating ourselves, providing support, and raising awareness, we can contribute to the well-being and success of individuals with ADHD in our communities. Let us come together to celebrate neurodiversity and create a world where those with ADHD can thrive without stigma or barriers.



Nottinghamshire County Council Budget Consultation 2023

We want to create a healthy, prosperous, and greener future for everyone who lives in Nottinghamshire. To help us achieve this we need to know your priorities.

Each year we have a legal duty to balance our budget and just like the people in Nottinghamshire, we're also feeling the pressures that are driving up the cost of living such as record inflation and energy costs. Many other factors, including a national shortage of social care staff and a need for more funding are also adding to those pressures. Your views will help us set a budget which rises to this financial challenge and delivers best value, high quality services that will improve the lives of our residents.

The survey is now open to Nottinghamshire residents until Sunday 12th November 2023. Use the link to complete the

survey online: [Nottinghamshire County Council Budget Consultation 2023 - Nottinghamshire County Council - Citizen Space](#)

Training News:

Contact Andy Marks if you need any information with regards to youth work training:
andy.marks@nottscc.gov.uk



Training Programme 2022- 2023

We still have places on our training programme for 2022-2023. The training will continue to run virtually as it has proved to be very popular. The virtual registration training will run from **9.00am to 1.00pm** to ensure we can cover all the important aspects of C Card Registration, with the usual short e-learning module that is completed a week before the training. The Refresher will continue to run from **10:00am-12.00pm**

To view and book onto the 2022-2023 Training Programme, click on the link below and book through Eventbrite.

<https://www.nottinghamshire.gov.uk/care/health-and-wellbeing/sexual-health/c-card-training>



Ashfield Play forum in partnership with the national lottery community grant offer free training to the residents of Ashfield.

They have kindly offered unfilled spaces to anyone who receives the voluntary sector newsletter.

January 2024

- Saturday 13th January – Emergency first aid – 9:00am-16:00pm
- Saturday 20th January – Safeguarding vulnerable adults – 9:00am -12:00pm
- Saturday 27th January – Behavioural psychology – 9:00am – 16:00pm

February 2024

- Saturday 3rd February – Health and safety – 9:00am – 16:00pm

- Saturday 10th February – Epilepsy awareness – 9:00am – 12:00pm
- Saturday 10th February – Autism awareness – 12:30pm-16:00pm
- Saturday 17th February – Drug awareness – 9:00am – 12:00pm
- Saturday 17th February – stroke awareness – 12:30pm – 16:00pm

All training is held at Ashfield Play Forum and is free to attend including materials, certificates and exam fees if applicable Please note a refundable deposit of £20 per person is required.

For further information or to book a place we can be contacted by email: info@ashfieldplayforum.co.uk or Telephone 01623 441168



Nottinghamshire County Council, Nottingham City Council and NHS Nottingham and Nottinghamshire ICB have commissioned Harmless to deliver a range of funded CPD accredited, evidence-based training courses in:

- Mental Health Awareness
- Suicide Prevention / Intervention
- Suicide Bereavement
- Self-Harm Awareness

We aim to provide funded training to equip individuals with the confidence and skill to be able to respond and support individuals in distress.

For more information and to sign up for any of our upcoming training, please visit our Eventbrite page [Harmless Let's Talk Training Events | Eventbrite](#)



Online Relationship Support for Parents

Parents in this area can now access Three Online Courses from the relationship experts at oneplusone. Learn to cope with stress and communicate better, wherever the journey.

Arguing Better

Disagreements are a normal part of life. How can you approach them can make all the difference to you, your partner, and your children.



Learn to:

- How to recognise stress and how it can affect you.
- How to support each other through difficult times.
- What causes arguments and how to stop them.

Me, You and Baby Too

Learn how to navigate the changes that can happen in a relationship when a baby arrives, including:

- How you and your partner can support each other.
- How to talk to bring up difficult topics.
- How arguments start, and how to stop them.

Getting it right for the children

When parents are separating or separated, children can often get caught in the middle. Learn how to manage conflict to minimise the impact it has on your children, as well as:

- How to stop a discussion from turning into an argument
- How to stay calm and listen as well as talk.
- Skills for finding solutions and making compromises.

To access these courses, you will need a smartphone, tablet, or computer, and a good internet connection. They are all FREE to use, so you'll just need to select your local authority area and create an account with a username and password.

You can get started by visiting [Parent guide for England \(oneplusone.org.uk\)](https://oneplusone.org.uk)



At Newark and Sherwood CVS, we provide a range of training sessions and events, funded through our community-based projects. From time to time, we also host training events and workshops on behalf or in conjunction with other organisations. We have a range of online resources available – see below:

As part of our collaborative working with the Private Sector, we are pleased to announce a selection of training workshops and sessions for voluntary organisations to attend. These are fully funded for organisations across South Nottinghamshire and Newark & Sherwood. Book your place below.

Thursday 12th October 11am – 12:30pm (Online)

How to Write a Successful Application for Funding delivered by Business in the Community

Book here : [How to Write a Successful Application for Funding Tickets, Thu 12 Oct 2023 at 11:00 | Eventbrite](#)

Vacancies:

Job Vacancies for voluntary groups who wish to advertise within their organisation. If you have any upcoming vacancies, please let us know and we will put your request in our newsletter



Youth Support Worker

Closing date: **22 October 2023**

Type of vacancy: Fixed Term

Work pattern: Full Time - Term Time Only

Duration: 27 March 2024

Location: **Hawtonville Young People Centre**, Windsor Road, Newark, Nottinghamshire, NG24 4HX
Department: Children and Families

Hourly Rate: £11.18 - £11.86 per hour

Advert text

We are seeking a Youth Support Worker starting as soon as possible to cover a colleagues maternity leave. The session is a Link Clubs session, offering young people with disabilities aged 13 to 25 to provide a safe and fun environment by trusted Youth Workers professionals.
[Youth Support Worker - Nottinghamshire County Council \(tal.net\)](#)



Youth Support Worker

Number of posts: Multiple posts are available.

Closing date: 9 October 2023

Type of vacancy: Permanent Work pattern: Part Time - Term Time Only

Number of hours to be worked per week: 2.5.

Location: Various Countywide

Department: Children and Families Hourly

Rate: £11.18 - £11.86 per hour

Advert text

Part Time Youth Support Work Vacancies across Nottinghamshire.

Do you care about Young People?

Do you want to make a difference to your community?

Do you have a few hours a week to spare and want some extra income?

We are looking for motivated and enthusiastic people who enjoy working with young people and have the ability to;

- Develop positive professional working relationships.
- Enable young people to engage in fun activities.
- Understand the issues facing young people in today's society.
- Assist young people to make informed choices about their lives.

The Youth Service provides opportunities for and young people to engage in positive activities, outside of the school day, that encourage personal and social development.

These posts will involve working at times and places where young people are, and applicants should recognise that this will mean working regular evenings and/or weekends within a thirty-eight-week annual opening pattern. You will be able to access free nationally accredited professional training.

If you would like more information about the vacancies available, please contact: Andy Allsopp, andrew.allsopp@nottscc.gov.uk 07734300196

Please also visit our webpage for more information about the Youth Service: [Youth services | Nottinghamshire County Council](#)
[Youth Support Worker - Nottinghamshire County Council \(tal.net\)](#)

Voluntary Sector Development

The Voluntary Sector Development Team forms part of Nottinghamshire County Council's Youth Service. Our team covers the seven districts in Nottinghamshire working to support Voluntary Sector Organisations that work primarily with Children and Young People between 4 and 19 (25 if the young people are looked after or young disabled people).

www.nottinghamshire.gov.uk/education/youth-services/voluntary-sector-development-team

voluntarysectordevelopmentteam@nottscc.gov.uk 01623 411 300 07870 111156