



ISSUE: 25

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Nottinghamshire Children and Young Peoples

# Voluntary Sector Newsletter



## General news:



### Make your mark 2024:

- Seeks the views of 11–18 year olds on issues mattering most to them. It usually decides what the UK Youth Parliament debates in the House of Commons, where the new campaign is decided.
- The make your mark 2024 ballot paper will include 10 topics which have been selected by the UK Youth Parliament steering group, in consultation with their local MYP's. For example, education and learning, international relations, crime and safety, youth work and young people's services.
- We will ensure you will have the ballot papers, voting boxes and supporting resources.
- We encourage youth workers to utilise their existing relationships and links with other organisations to support and promote the ballot. Sign up at: [British Youth Council | Make Your Mark - UK Youth Parliament \(byc.org.uk\)](https://www.byc.org.uk)
- Individual teams and units do not need to register to vote.

### Member of Youth Parliament Elections 2024:

- Nottinghamshire will elect 4 Members of Youth Parliament (MYP's) and 4 Deputy Members of Youth Parliament (DMYP's) for a two-year period. (1<sup>st</sup> March 2024-29<sup>th</sup> February 2026.)
- Each of the 7 districts in Nottinghamshire will hold an election for candidates in their area.
- The young person who receives the most votes in each district is elected as either the MYP or DMYP.
- The process as to who is MYP or DMYP is based on the number of votes received in total across the County.
- 8<sup>th</sup> position will be elected as a DMYP, but will also hold a unique role within the County as they will work alongside the countywide team to ensure that underrepresented groups have their voices heard within decision making.
- Any young person aged 11-18 can stand to be a Member of Youth Parliament (they must have completed their term of office before their 19<sup>th</sup> birthday).

### Next steps:

1. Request a candidate pack – contact [countywide.youthservice@nottsc.gov.uk](mailto:countywide.youthservice@nottsc.gov.uk)
2. Fill in consent forms, membership forms.
3. Complete the online manifesto through the link that will be provided. **Applications close on Wednesday 20<sup>th</sup> December 2023** We are more than happy to meet with potential candidates online and will provide a date for this when we receive consent and membership forms.

If you have any questions or need further information, please get in touch with us. Thank you for your continued support with the MYM consultation and MYP elections!



### **Shayden crowned this year's countywide Outstanding Achievement 4Uth award winner.**

An inspirational Nottinghamshire teenager is celebrating after winning a prestigious youth award in recognition of his tireless voluntary work and the support he provides young people in his community.

Shayden West was named the countywide winner of Nottinghamshire County Council's Outstanding Achievement 4Uth Award for 2023 at a glittering ceremony at County Hall on Friday 24 November.

The 17-year-old, who attends Quarrydale Academy in Sutton-in-Ashfield and is also a former Member of Youth Parliament for Ashfield, was nominated for the award by Zoe Taylor, a Youth Worker at Quarrydale Young People's Centre.

Find out more about this year's nominees here: [Shayden crowned this year's countywide Outstanding Achievement 4Uth award winner | Nottinghamshire County Council](#)



### **Stay well this winter with our Winter Wise guide.**

Winter brings with it many challenges from keeping warm and well to social isolation and financial struggles.

We've produced a handy guide full of useful information on a variety of topics and support services to help you, your family, friends and neighbours stay well and get help this winter.

Read our winter wise guide here: [winter-wise-booklet-2023.pdf \(nottinghamshire.gov.uk\)](#)



### **Domestic abuse support**

Anyone can experience domestic abuse. Help and support is available 24/7 in Notts 🇬🇧

- Call 999 in an emergency.
- Call 101 to contact the police if it's not an emergency.

Help and support is available at:

- Nottinghamshire Domestic and Sexual Violence 24-hour free helpline: 0808 800 0340 / [https://orlo.uk/juno\\_helpline\\_cwr8h](https://orlo.uk/juno_helpline_cwr8h)
- Services and support for women and children affected by domestic abuse in Ashfield, Broxtowe, Gedling, Rushcliffe and Nottingham, 24-hour free helpline: 0808 800 0340 / [https://orlo.uk/Juno\\_get\\_help\\_vYruN](https://orlo.uk/Juno_get_help_vYruN)

Support for women and children affected by domestic abuse in Bassetlaw, Mansfield, Newark and Sherwood,; 24-hour free helpline: 0808 8000340

[https://orlo.uk/Nottinghamshire Women s Aid xv2g2](https://orlo.uk/Nottinghamshire_Women_s_Aid_xv2g2)



### Winter Wonderland

7<sup>th</sup> November – 31<sup>st</sup> December  
Old Market Square

The Christmas season is officially here and during peak times Winter Wonderland can get very busy.

During the busier periods you will need to book in advance for ice skating, observation wheel fast-track access and bar experiences (including the Ice Bar) as there may not be availability on the day.

- Ice Rink
- Great Food
- Live Entertainment
- Christmas Market
- Observation Wheel & Toboggan Slide

Book Here: [Nottingham Winter Wonderland 2023 : 7th Nov - 31st Dec 2023](#)

## Training News:

Contact Andy Marks if you need any information with regards to youth work training:

[andy.marks@nottscc.gov.uk](mailto:andy.marks@nottscc.gov.uk)



### Training Programme 2022- 2023

We still have places on our training programme for 2022-2023. The training will continue to run virtually as it has proved to be very popular. The virtual registration training will run from **9.00am to 1.00pm** to ensure we can cover all the important aspects of C Card Registration, with the usual short e-learning module that is completed a week before the training. The Refresher will continue to run from **10:00am-12.00pm**

**To view and book onto the 2022-2023 Training Programme, click on the link below and book through Eventbrite.**

<https://www.nottinghamshire.gov.uk/care/health-and-wellbeing/sexual-health/c-card-training>



Ashfield Play forum in partnership with the national lottery community grant offer free training to the residents of Ashfield.

They have kindly offered unfilled spaces to anyone who receives the voluntary sector newsletter.

### January 2024

- Saturday 13<sup>th</sup> January – Emergency first aid – 9:00am-16:00pm
- Saturday 20<sup>th</sup> January – Safeguarding vulnerable adults – 9:00am -12:00pm
- Saturday 27<sup>th</sup> January – Behavioural psychology – 9:00am – 16:00pm

### February 2024

- Saturday 3<sup>rd</sup> February – Health and safety – 9:00am – 16:00pm
- Saturday 10<sup>th</sup> February – Epilepsy awareness – 9:00am – 12:00pm
- Saturday 10<sup>th</sup> February – Autism awareness – 12:30pm-16:00pm
- Saturday 17<sup>th</sup> February – Drug awareness – 9:00am – 12:00pm
- Saturday 17<sup>th</sup> February – stroke awareness – 12:30pm – 16:00pm

All training is held at Ashfield Play Forum and is free to attend including materials, certificates and exam fees if applicable Please note a refundable deposit of £20 per person is required.

For further information or to book a place we can be contacted by email: [info@ashfieldplayforum.co.uk](mailto:info@ashfieldplayforum.co.uk) or Telephone 01623 441168



Nottinghamshire County Council, Nottingham City Council and NHS Nottingham and Nottinghamshire ICB have commissioned Harmless to deliver a range of funded CPD accredited, evidence-based training courses in:

- Mental Health Awareness
- Suicide Prevention / Intervention
- Suicide Bereavement
- Self-Harm Awareness

We aim to provide funded training to equip individuals with the confidence and skill to be able to respond and support individuals in distress.

For more information and to sign up for any of our upcoming training, please visit our Eventbrite page [Harmless Let's Talk Training Events | Eventbrite](#)

We are asking organisations to complete and share this survey, it should take no longer than 5 minutes of your time, and once complete, we may make contact to invite you for further conversations, cross-sector focus groups and access to a CPD-accredited training in this area.

Survey link: <https://www.surveymonkey.co.uk/r/FLQNGPJ>



### **Online Relationship Support for Parents**

Parents in this area can now access Three Online Courses from the relationship experts at oneplusone. Learn to cope with stress and communicate better, wherever the journey.

#### **Arguing Better**

Disagreements are a normal part of life. How can you approach them can make all the difference to you, your partner, and your children.

#### **Learn to:**

- How to recognise stress and how it can affect you.
- How to support each other through difficult times.
- What causes arguments and how to stop them.

#### **Me, You and Baby Too**

Learn how to navigate the changes that can happen in a relationship when a baby arrives, including:

- How you and your partner can support each other.
- How to talk to bring up difficult topics.
- How arguments start, and how to stop them.

#### **Getting it right for the children**

When parents are separating or separated, children can often get caught in the middle. Learn how to manage conflict to minimise the impact it has on your children, as well as:

- How to stop a discussion from turning into an argument
- How to stay calm and listen as well as talk.
- Skills for finding solutions and making compromises.

To access these courses, you will need a smartphone, tablet, or computer, and a good internet connection. They are all FREE to use, so you'll just need to select your local authority area and create an account with a username and password.

You can get started by visiting [Parent guide for England \(oneplusone.org.uk\)](#)

### **Vacancies:**

**Job Vacancies** for voluntary groups who wish to advertise within their organisation. If you have any upcoming vacancies, please let us know and we will put your request in our newsletter.

## **Voluntary Sector Development**

The Voluntary Sector Development Team forms part of Nottinghamshire County Council's Youth Service. Our team covers the seven districts in Nottinghamshire working to support Voluntary Sector Organisations that work primarily with Children and Young People between 4 and 19 (25 if the young people are looked after or young disabled people).

[www.nottinghamshire.gov.uk/education/youth-services/voluntary-sector-development-team](http://www.nottinghamshire.gov.uk/education/youth-services/voluntary-sector-development-team)

[voluntarysectordevelopmentteam@nottsc.gov.uk](mailto:voluntarysectordevelopmentteam@nottsc.gov.uk)

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