

Level 3

Understanding Mental Health

This course is designed to increase your knowledge and understanding of mental health and mental well-being. Successful completion of the required units will allow you to develop in-depth knowledge and understanding of mental health. It will also support progression into relevant employment within a variety of sectors.

 **Funding**
Fully Funded

 **Units**
1 - 2
5 Units

 **Session Time**
Weekly 2.5 hour sessions

 **Start Date**
Please contact our team

 **Location**
Online Tutor Led Delivery








 **Duration**
12 -Weeks

WHAT TO EXPECT

Unit Break Down

Unit 1	Understanding the context of mental health and wellbeing
Unit 2	Promotion of mental health and wellbeing
Unit 3	Mental health problems: associated issues and consequences
Unit 4	Understanding mental ill health
Unit 5	Working in mental health

How is it delivered

-  IAG SESSIONS - ENSURING THIS IS THE CORRECT COURSE FOR YOU TO MEET YOUR ASPIRATIONS
-  ENROLMENT TO PROGRAMME CONDUCTED ONLINE AT A TIME SUITABLE FOR YOU
-  FLEXIBLE WEEKLY SESSIONS VIA TEAMS WITH YOUR SKILLS COACH & NEW CLASS MATES
-  INTERACTIVE LEARNING ACTIVITIES TO CONSOLIDATE YOUR LEARNING & BUILD CONFIDENCE
-  ASSESSMENT & FEEDBACK PROVIDED THROUGHOUT YOUR COURSE
-  1-2-1 TUTORIALS AVAILABLE AT ANY TIME
-  EXIT REVIEW INCLUDING IAG ON PROGRESSION ROUTES

WHAT NEXT

Relevant Sectors



Healthcare



Social Care



Leisure



Education



Early Years



Voluntary

WHAT NEXT

Progression

Learners who achieve this qualification could progress to:

- Level 3 Award in Awareness of the Mental Capacity Act 2005
- Level 3 Diploma in Adult Care
- Level 3 Certificate in Preparing to Work in Adult Social Care

This qualification may be useful to a wide range of learners studying across a number of sectors/areas.

ELIGIBILITY FOR

Level 3 Non-Dev Funding

Our courses are funded by the government, through the Adult Education Budget (AEB). To be eligible, you will need to be:

