Joined Up Care Derbyshire

Quality Conversations Quality Conversations Supporting others to Self-Manage

## Learn how to support people to support themselves

## What you will learn:

- develop skills to empower people to manage their own care and support
- feel confident that the person you are working with is able to self-manage
- develop skills to have conversations to help people self-manage
- have a safe space to practice and develop these new skills

## How to book a place

Click the link below to visit our QC website where you will find training dates and booking links.

## **CLICK HERE**

