# Level 3 Counselling Skills

This course is designed to increase your knowledge and understanding of mental health and mental well-being. Successful completion of the required units will allow you to develop in-depth knowledge and understanding of mental health. It will also support progression into relevant employment within a variety of sectors.













### WHAT TO EXPECT

### **Unit Break Down**

Unit 1	Developing counselling skills
Unit 2	Theoretical approaches in the use of counselling skills
Unit 3	Working ethically with counselling skills
Unit 4	Counselling skills and diversity
Unit 5	Counselling skills and personal development

## How is it delivered

IAG SESSIONS - ENSURING THIS IS THE CORRECT COURSE FOR YOU TO MEET YOUR ASPIRATIONS

ENROLMENT TO PROGRAMME CONDUCTED ONLINE AT A TIME SUITABLE FOR YOU

FLEXIBLE WEEKLY SESSIONS VIA TEAMS WITH YOUR SKILLS COACH & NEW CLASS MATES

INTERACTIVE LEARNING ACTIVITIES TO CONSOLIDATE YOUR LEARNING & BUILD CONFIDENCE

ASSESSMENT & FEEDBACK PROVIDED THROUGHOUT YOUR COURSE

1-2-1 TUTORIALS AVAILABLE AT ANY TIME

EXIT REVIEW INCLUDING IAG ON PROGRESSION ROUTES



### **WHAT NEXT**

# **Relevant Sectors**







Education





### **WHAT NEXT**

# **Progression**

Learners who achieve this qualification could progress to:

- Level 4 Diploma in Therapeutic Counselling
- Level 4 NVQ Diploma in Advice and Guidance
- Foundation Degrees in Counselling

This qualification does not qualify you to practice as a counsellor. However, it can support your progression within employment in a number of roles

### **ELIGIBILITY FOR**

### **Level 3 Non-Dev Funding**

Our courses are funded by the government, through the Adult Education Budget (AEB). To be eligible, you will need to be:



