



FTHC
From The Heart Charity
Registered Charity No. 1174122

DROP-IN CENTRE

If you need any support or advice, pop in to one of our drop-in sessions and speak with our friendly staff and volunteers who are on hand to help the community!

At FTHC we offer:

- ♡ Support to vulnerable children and young adults
- ♡ Seasonal activity packs
- ♡ Clothing
- ♡ Household goods/furniture
- ♡ Food parcels
- ♡ School uniform / sporting kits
- ♡ Toiletry and sanitary bags
- ♡ Warm space



/fromtheheartcharity



PayPal Donation Link

01909 496533

 www.fthc.org.uk

