

CHANGE GROW LIVE NOTTINGHAMSHIRE

ONLINE TRAINING OFFER



Drug and Alcohol Support for People and their Families
Nottinghamshire

SEPTEMBER

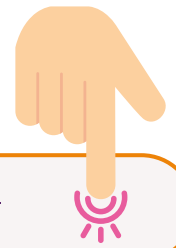
<u>Substance Use Training</u>	<u>Drug Risks & Harm Reduction</u>
Thursday 5th	Thursday 19th
10am-12pm	1pm-3pm

We have now extended our free online training offer until the end of the year.

This training is developed for professionals in Nottinghamshire working in the varied sectors which overlap with drug and alcohol support, to increase awareness and understanding.

Our online sessions are delivered through Eventbrite via Microsoft Teams. The sessions cover various relevant topics around drug and alcohol use, harm reduction and the services we provide.

To find out more about each training session and to reserve your place, please visit:



CHANGE GROW LIVE
NOTTINGHAMSHIRE

Reserve your place as soon as possible!

Places fill up fast due to high demand, so reserve your place as soon as possible.

If you've reserved a place and are no longer able to attend, please cancel your reservation through Eventbrite or let us know by emailing: cgl.nottstraining@cgl.org.uk
This will enable others to attend.

We can't wait to see you there!

OCTOBER

<u>Alcohol Awareness & Intervention</u>	<u>New Synthetic Opioids</u>
Thursday 3rd	Thursday 17th
10am-12pm	1pm-3pm

NOVEMBER

<u>Drug Risks & Harm Reduction</u>	<u>Substance Use Training</u>
Thursday 7th	Thursday 21st
10am-12pm	1pm-3pm

DECEMBER

<u>New Synthetic Opioids</u>	<u>Alcohol Awareness & Intervention</u>
Thursday 5th	Thursday 19th
10am-12pm	1pm-3pm

Substance Use Training

Introduction to substances including their use & associated risks, alcohol assessment tools, reduction tips, and our referral processes.

Drug Risks & Harm Reduction

Introduction to drugs, their risks, and how to minimise harm. Understanding Naloxone's purpose and use, and recognising signs of overdose.

Alcohol Awareness & Intervention

Introduction to effects of alcohol on health, alcohol assessment tools and safe reduction tips. Alcohol referral pathways and support available.

New Synthetic Opioids

Introduction to Nitazenes, the risks, and advice for staying safe including self-testing drugs and dose and Naloxone's purpose and use.



If you have any questions or thoughts about the training offered, or if there is a specific topic that you would like added, please email: cgl.nottstraining@cgl.org.uk and someone will get back to you as soon as possible.

Contact Us:

Follow Us:

notts@cgl.org.uk

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Believe in people