

Supportive Volunteer of the Year: Dennis Sam Cook



Dennis runs the Military Veterans Support Group in which he supports numerous veterans and their families.

‘Dennis has brought the MVSG group through some rough times, always ensuing he is there to support veterans and their families. He goes over and above to support veterans and their families both in the group and the community. Dennis is helping change lives of veterans and their families.’

Dennis

- ✓ Helps veterans and their families when they need transport to hospital and doctors appointments, taking them himself to appointments.
- ✓ Attends veterans funerals and makes sure they get the best send-off they deserve, especially if the deceased has no known relatives.
- ✓ Takes along other veterans to funerals if they want to support a lost veteran.
- ✓ Changes the lives of others for no reward which has a positive impact on his own sense of self worth and mental wellbeing.