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## Application Pack

### Children and Young People's Mental Health Mentor

#### The Centre Place & Start Well Integrated Neighbourhood Team

#### NHS Bassetlaw Place-Based Partnership

This is an incredible opportunity for a professional with a background in working with young people and mental health to advance professionally and be part of the innovative development of Integrated Neighbourhood Teams (INTs) delivering targeted interventions to vulnerable children and young people across Bassetlaw in collaboration with the NHS and wider partners.

### **JOB DESCRIPTION AND PERSON SPECIFICATION**

**Salary:** £28,408

**Hours:** Full time 37hrs per week

**Base:** Variety of venues across Bassetlaw

**Term:** 2 Year-Fixed Term

### **STATEMENT OF PURPOSE**

To work with young people aged 11-25 years and may involve working with their parents/carers. Offering targeted mental health support to children and young people prioritising those living within higher socio-economic deprivation areas of Bassetlaw. Empowering young people to enable them to gain control of their mental health and wellbeing utilising person-centered and asset-based approaches.

Mental Health Mentor will be aligned to the 3 Bassetlaw Primary Care Networks (PCN's), working as part of a multi-disciplinary INT delivering proactive early intervention activities aimed at reducing health inequalities focused on mental health, respiratory related conditions, and obesity.

### **CORE TASKS AND DUTIES**

1. Work directly with children and young people to plan, deliver, and evaluate person centred interventions of one-to-one support, managing a case load of children and young people with mental health needs.

2. To create risk management, intervention, and recovery plans - reviewing and amending these according to the changing needs of the children and young people.
3. Listen and respond to the voices of children and young people and structure support to reflect this and ensure their individualised needs are met.
4. Offer targeted support to children and young people who frequently attend Accident and Emergency.
5. Deliver partnership with the Start Well INT and local Children and Young People's support focused on improving social, economic, and environmental factors impacting on mental health and wellbeing.
6. Provide targeted community-based support.
7. Deliver peer support groups for parents and carers of children with mental health needs.
8. Have a good knowledge of local services to connect and support young people to access community groups and services to improve their overall health and wellbeing.
9. To build trusting and transparent relationships with children, young people and their families and empower them to navigate their support.
10. To work in an inclusive and non-judgemental manner, creating safe and supportive environments for children and young people accessing support.
11. To maintain professional boundaries.
12. To work on own initiative and as a proactive INT member.
13. To develop and deliver the service at times which are appropriate for access by children and young people such as some evenings and weekends.
14. To maintain an up-to-date awareness and working knowledge of relevant mental health issues, mental health publications and guidelines, and inclusive terminology.
15. To attend regular supervision, in house supervision sessions, Continued Professional Development, staff meetings and training programmes in accordance with the post requirements.
16. Produce high quality service data reports and case studies.
17. To work within the policies, procedures, practice, and ethos of The Centre Place and Bassetlaw PCN's.

This document outlines the current duties required for the post to indicate the level of responsibility. It is not a comprehensive or exhaustive list, and duties may be varied from time to time which do not change the general character of the job, or the level of responsibility required.

The Centre Place is a continuously improving service and as such will be required to adapt over time as those improvements are implemented.

As the Exceptions (Amendment) Order 1986 to the Rehabilitation of Offenders Act 1974 applies to this position, the post holder will be required to apply for a DBS disclosure. Disclosure expenses will be met by the employer.

The post will involve occasional evening and weekend work.

### Person Specification

Category	Essential	Desirable
<b>Qualifications/ Training</b>	<p>Qualified to a minimum of Level 4 in a related area (Youth Work, Education, Social Work, Counselling, Mental Health).</p> <p>A willingness to undertake training relevant to the post, as directed by the line manager.</p> <p>Knowledge of safeguarding, child protection and promoting the welfare of children &amp; young people</p> <p>Knowledge of relevant legislation.</p> <p>Knowledge and commitment of equal opportunities.</p>	<p>Member of a recognised professional body (e.g., SWE, HCPC, BPS, BACP, NCS, UKCP, BABCP).</p> <p>Top up qualification, or training, in a mental health related course if main qualification does not incorporate this.</p>
<b>Experience</b>	<p>Experience of working with children and young people in a person-centred way (for example, in a health, social or community capacity).</p> <p>Experience of working with people living with mental health conditions, or of helping people overcome challenges to maintaining good mental health.</p> <p>Experience of undertaking outreach work to engage excluded communities/young people and those experiencing greater inequalities.</p> <p>Understanding and knowledge of equalities and anti-discriminatory practice and the ability to work in an anti-oppressive manner.</p> <p>Delivering evidence-based interventions on a short-term basis.</p>	<p>Working with people from the LGBT+ community.</p> <p>Working in a diverse environment with people from a range of minority groups.</p> <p>Working within a multi-disciplinary team.</p> <p>Commitment to regular Continued Professional Development in a previous role.</p>

<p><b>Knowledge</b></p>	<p>Understanding of inequalities faced by children and young people.</p> <p>Knowledge of health and mental health.</p> <p>An ability to engage in the evaluation of the work.</p> <p>Health, safety, welfare, and safeguarding children's issues.</p> <p>Good understanding of health and wellbeing issues within an occupational environment.</p>	<p>Understanding of wider determinants of inequalities.</p> <p>Awareness of local mental health services, both locally and nationally.</p> <p>Understanding of inclusive terminology relating to the LGBT+ community.</p> <p>Knowledge and delivery of effective governance/accountability systems to secure quality, performance, and value for money.</p> <p>Knowledge of the local area including local social care and health services, community, and voluntary groups.</p>
<p><b>Skills/Abilities</b></p>	<p>Ability to form and maintain use of resources creatively, whilst working with children and young people, staff and members ensuring best practice is shared with others within the team.</p> <p>Ability to work effectively as part of a team.</p> <p>Ability to manage own caseload working with competing demands whilst maintaining high standards of case management.</p> <p>High level of time management and organisational skills.</p> <p>Meeting expected targets for paperwork, monitoring and activities in line with funding expectations.</p> <p>Providing regular case studies for submission at funder's request.</p> <p>Ability to work within a highly emotive atmosphere, while maintaining a high degree of professionalism at all times.</p>	<p>Creativity in the use of resources.</p> <p>Willingness to share best practice with others.</p> <p>Understanding the roles of other professionals both within the organisation and externally.</p>

	<p>Experience of Microsoft Office and CRM database systems, therefore having excellent IT skills that demonstrate your ability to keep accurate and complete records consisted with best practice policies and procedures.</p> <p>Demonstrate a high level of personal resilience and integrity.</p> <p>Competent in problem solving and making defensible decisions.</p> <p>Able to confidently convey rehabilitation decisions and to discuss these in detail with demanding users of services.</p> <p>Ability to relate to a diverse population.</p> <p>Experience of working within a framework of confidentiality and with access to sensitive personal data.</p> <p>Continued professional development by way of completing regular and relevant training</p>	
<p><b>Valuing Diversity</b></p>	<p>Demonstrable appreciation and acknowledgment of the range and complexities of diversity; self-awareness in terms of emotional intelligence, biases, and personal triggers; cultural competence – cultural sensitivity and awareness.</p> <p>Demonstrable respect of diversity and value of individual difference.</p> <p>Champions for inclusivity and the fair and appropriate treatment of all people regardless of ethnicity, religious, belief, gender identity, age, ability, sexual orientation, appearance, or position.</p> <p>Proactively seek to reduce inequalities of disadvantaged groups and act to raise awareness of the benefits of diversity and build active commitment to ensure equality of opportunity.</p>	

<b>Communications</b>	<p>Excellent interpersonal, listening, and reflective skills.</p> <p>Ability to communicate effectively through verbal and written word.</p> <p>Able to relate to a diverse client population.</p> <p>Ability to maintain firm boundaries when working with complex and challenging cases.</p>	<p>Ability to effectively engage and communicate with diverse communities throughout Bassetlaw, utilising alternative linguistic approaches including sign language, in addition to verbal English.</p>
<b>Personality/ Aptitude</b>	<p>Understand the different learning styles and how to navigate them to better support and encourage growth and development.</p> <p>Assessing boundaries of confidentiality, and sensitivity to the need for confidentiality.</p> <p>Commitment to ongoing training and development.</p> <p>A commitment to equal opportunities and diversity.</p>	
<b>Responsibility and autonomy</b>	<p>Ability to use one-to-one and group sessions effectively and using autonomy to approach supervision appropriately.</p> <p>Able to work independently when needed.</p>	<p>Understanding of project delivery.</p>
<b>Others</b>	<p>Ability to work flexibly and adapt to suit service need including some evening and weekend work.</p> <p>Ability to travel independently across the district and beyond.</p> <p>Willingness to undertake relevant training in order to comply with the requirements of the post.</p> <p>Demonstrable commitment to ongoing personal and professional development.</p> <p>Must be willing to undertake an Enhanced DBS check.</p>	

## **Additional information**

**Application Process:** A full application form must be completed.\*\*

Please download a full application form from <https://www.centreplace.org.uk/vacancies> or make the request by email to [info@centreplace.org.uk](mailto:info@centreplace.org.uk)

*\*\*Your application will **not** be considered for shortlisting without a full Centre Place application form submission prior to the closing date.*

**Application Closing Date:** 5:00pm on Thursday 5<sup>th</sup> September 2024.

**Interview dates:** Friday 20<sup>th</sup> September 2024 at The Centre Place.

**Job Types:** Full-time. Fixed term contract.

**Contract length:** 24 months.

**Employer:** The Centre Place, Talkzone Children and Young People's Mental Health and Counselling Service.

**Salary:** £28,408.00 per year.

**Benefits:**

- Casual Dress
- Flexitime
- Free Parking
- On-site Parking
- Store Discount

**Schedule:**

- Flexitime
- Monday to Friday

**Work Location:** Bassetlaw, working from a range of health and community-based settings including the Centre Place office, Worksop, Retford and Harworth and Bircotes GP practices.