**Bolsover Health and Wellbeing Action Group**

**Minutes of the Meeting held on Wednesday, 18h September 2024, 1.00pm – 3.00pm**

**Microsoft Teams Conference Call**

**Present:**

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| James Green | Derbyshire County Council (Public Health) - Chair |
| Alex Spragg | Derbyshire County Council (Public Health) |
| Alisha Hanson | Chesterfield FC Spireites Trust |
| Anita Ollerenshaw | Rhubarb Farm |
| Arron Johnson | Bolsover District Council |
| Julie Baddams | North Hardwick and Bolsover PCN |
| Ben Armstrong | Opus Music |
| Helen Cashin | National Trust |
| Cath Connolly | Green Doctor working on behalf of Groundwork 5 Counties |
| Claire Morton | Bolsover CVS |
| Denise Botham | Alzheimer’s Society |
| Ednia Baines - Krawczyk | Inspire and Achieve Foundation |
| Emma Johnson | Low Level support service |
| Emma Richards | Age UK Derby and Derbyshire |
| Gill Jones | Derbyshire Adult Community Education |
| Laura Hardwick | Derbyshire Community Health Services NHS Foundation Trust - Oral Health |
| Helen Heath | Derbyshire County Council |
| Jade Gresham | Active Partners Trust |
| Juliet Grace | Deputy CEO Derbyshire Voluntary Action |
| Kate Burns | Cultural Corridor |
| Kath Dawson | Health Watch Derbyshire |
| Leanne Brice | North East Derbyshire CAB |
| Liz Smith | Home from Hospital Project Coordinator (Chesterfield, NE Derbyshire & Bolsover) |
| Justyna Majer | Bolsover District Council |
| Maria Coupe | Derbyshire County Council (Libraries & Heritage) |
| Isabelle Mate | North Hardwick and Bolsover Primary Care Network |
| Natalie Evans | South Derbyshire CVS |
| Karen Parker | Bolsover District Council |
| Paul Steers | Release |
| Rachel Dammarell | Worth |
| John Ramsey | Bolsover District Council |
| Rayella Broomhead | Lets b:friend |
| Sandra Currey | Derbyshire County Council |
| Steve Morris | Bolsover CVS |
| Susan Wragg | NHS Social Prescribing Link Worker |
| Alison Timperley | South Hardwick Primary Care Network |
| Tracey Barnes | Dancing for Health |
| Jonathan Wardle | NHS Derby and Derbyshire Integrated Care Board / Joined Up Care Derbyshire |
| Gary Woodhouse | Derbyshire Community Health Services NHS Foundation Trust |
| Jane Yates | Bolsover District Council |
| Andy Heath | Derbyshire County Council |
| Charlotte Taylor | Town Clerk, Old Bolsover District Council |
| Jodie Hart | Derbyshire County Council (Public Health) |

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| **1.** | **Welcome, Introductions & Apologies**  James Green welcomed everyone to the meeting. |
| **Apologies:**   * Jane Wells – Junction Arts * Rachael Mullen – Lets B:Friend * Cllr Mary Dooley – Bolsover District Council * Lorna Longdon – Derbyshire County Council |
| **2.** | **Minutes of the last meeting \ matters arising**  Minutes of the last meeting 19th June 2024 – email [Jodie.hart@derbyshire.gov.uk](mailto:Jodie.hart@derbyshire.gov.uk) for a copy.  The minutes of the last meeting were agreed.    Matters arising: None. |
| **3.** | **Cultural Corridor Update**  Kate Burns introduced herself to action group, Kate is a Development Worker for The Cultural Corrido. Kate followed with a brief update on the work they do.  The Cultural Corridor is all about boosting creativity and culture in Ault Hucknall, Glapwell and Pleasley. It is funded by the UK Shared Prosperity Fund, to focus on improving wellbeing and pride in the communities. Anyone is welcome, there are no restrictions and everything is free. More information about events and activities can be found on their Facebook page search ‘Cultural Corridor Bolsover District’.  For more information, any questions or if anyone is able to promote their activities contact [kateburns@doelea.org.uk](mailto:kateburns@doelea.org.uk) |
| **4.** | **Rhubarb Farm**  Anita Ollerenshaw introduced herself to the action group, Anita is the Farm Manager at Rhubarb Farm. Anita followed with a presentation covering who they are, what they do and details of their current projects.  Presentation attached for more information.    If any organisations would like to sit in the food pantry, send leaflets to display or pop in to have a look contact Anita and she will arrange this.  Upcoming Community Events – Childrens Halloween activities, pumpkin picking on the week running up to Halloween.  Any questions or queries contact [anita@rhubarbfarm.co.uk](mailto:anita@rhubarbfarm.co.uk) |
| **5.** | **Dancing for Health**  Tracey Barnes attended the action group and gave a brief overview of Dancing for Health. Tracey explained they use dance activities to help people with long term health conditions, the elderly and the disabled. They have classes across Chesterfield and Sheffield and do in person classes as well as online.  They have a group specifically for people who have been affected by cancer, they can attend before treatment or after. This class takes place on Thursday mornings at Calow Community Centre.  They have a partner’s dance class on Thursday afternoons at St Andrews United Reformed Church Hall in Newbold, all welcome.  They have a seated dance class Friday afternoon at Chesterfield Methodist Church Hall on Saltergate, this is an all inclusive class.  They have been working on a new project this year where they have put some of their seated dance programmes onto an online platform that they are using in the adult and social care sector. Tracey shared some video clips which shows the kind of work they are doing.  Tracey explained that they also run an instructor training programme and they are currently looking for people who want to train to become dancing for health instructors.  For more information Tel: 07721 046757 or visit [Home - Dancing for health](https://dancingforhealth.org.uk/)  **Action: James Green add Tracey Barnes to the action groups data base**  **Action: Tracey Barnes send promotional documents to James Green to circulate to partners** |
| **6.** | **Home from Hospital Update**  Liz Smith attended the action group to give an update on the Home from Hospital Project. The Derbyshire Home from Hospital Service provides practical support for vulnerable people leaving hospital, or those living at home but at risk of being admitted. The service provides free support for up to 6 weeks and they cover the whole of Derbyshire, excluding Derby City.    Referrals in Bolsover are up to 15-20 per month.  Liz reported that they have recently received funding to continue this project for 3 years from April 2024.  Link to the Home from Hospital video: <https://youtu.be/aGhJA7wcjYg>  Liz Smith is the coordinator for Chesterfield / North East / Bolsover email [ch@dhfh.org.uk](mailto:ch@dhfh.org.uk)  To make referrals or any questions / queries contact the hub [home@dhfh.org.uk](mailto:home@dhfh.org.uk) Tel: 01283 817417 |
| **7.** | **Bolsover Woodland Trust**  John Ramsay introduced himself to the action group, John is the Bolsover Community Woodland Project Officer. John followed with an update about the project.  Part 1 of the project involves delivering large numbers of tree and getting large numbers of trees planted into the ground. To do this they have a flagship site in Creswell where they are working with Bolsover Woodland Enterprise who have currently managed to plant 18,000 trees on site supported by other community groups and volunteers.  Part 2 of the project is around how they get the community involved in supporting the tree planting at the Creswell site and supporting the local community with any tree planting projects they have.  They have just launched a painting competition in schools, which is about celebrating trees in the autumn period. This is for children in reception through to year 6 and then year 7 to year 11.  Another initiative that John is working on is the woodland challenge where they will be inviting schools to the Creswell site to take part in some tree planting and there will also be some fun activities for the children. This is aimed at years 3 to 6. John is also looking to tailor this initiative for volunteers, community groups and local businesses moving forward.  For any further information, if you are interested in volunteering or any questions / queries contact [john.ramsey@bolsover.gov.uk](mailto:john.ramsey@bolsover.gov.uk) |
| **8.** | **Green Doctor**  Cath Connolly introduced herself to the action group, Cath is a Green Doctor Energy Awareness Advisor on behalf of Groundwork Five counties. Cath followed with a presentation.  Presentation attached for information.    Cath and her team are happy to attend community events so please let them know if you would like a Green Doctor stand.  Referrals can be made via their online referral form [Groundwork 5 Counties Enquiry Form (salesforce-sites.com)](https://groundwork.my.salesforce-sites.com/greendoctors5counties)  For any other questions or queries contact [Catherine.connolly@groundworknottingham.org.uk](mailto:Catherine.connolly@groundworknottingham.org.uk) |
| **9.** | **Worth**  Rachel Dammarell attended from the charity Worth. Worth stands for ‘Women On The Road To Healing’, they provide long term aftercare for ladies who have been through domestic abuse.  Some of the services they provide include:   * Befriending, this is a 1:1 service for 1 hour a week * Activities Mindset Program for children aged 7-18, this is a tailored programme for 1 hour a week * Support groups   Referrals can be made by GP’s, Social Prescribers, Childrens Services, Adult Services and ladies can refer themselves. The only criteria is, they have left their abuser, they are free and ready to move on.  Rachel is happy to attend any events.  They are in need of volunteers.  Link to their website <https://www.worth-charity.co.uk>  For more information, if you would like to volunteer, any questions or queries contact Rachel [community@worth-charity.co.uk](mailto:community@worth-charity.co.uk)  **Action: Rachel Dammarell send publicity to James Green to circulate to partners** |
| **10.** | **Release Financial Charity**  Paul Steers attended from Release Financial Charity to give an update. Release Financial Charity is based in Bolsover and primarily covers and serves local residents in the Bolsover District.  Presentation attached for more information.    Link to website [Release | A money education charity and home of Budget Buddies (releaseonline.org.uk)](https://www.releaseonline.org.uk/)  Contact details:  info@releaseonlie.org.uk  01773 306289 - answerphone only  07932 088331 - no voicemail facility  James Green reminded partners that there is a Chesterfield, North East Derbyshire and Bolsover Financial Inclusion Group, if anyone would like to attend contact [james.green@derbyshire.gov.uk](mailto:james.green@derbyshire.gov.uk) |
| **11.** | **Bolsover CVS**  Steve Morris introduced their new member of staff Claire Morton, Claire is a Community Connections and Group Development Officer.  Steve also reminded partners that if they have any events happening or groups they would like to promote send the information to him or Claire and they will advertise in the shop, on their weekly newsletter and social media platforms.  They are always looking for volunteers, if anyone can help with this please make contact.  [steve.morris@bcvs.org.uk](mailto:steve.morris@bcvs.org.uk) / [claire.morton@bcvs.org.uk](mailto:claire.morton@bcvs.org.uk)  **Action: James Green add Bolsover CVS as a main agenda item at the next meeting** |
| **12.** | **Any Other Business**  From the chat:  B:friend is opening a new social club for people aged 55+ at Hillstown Village Hall. The first session is the 26th September and will run every Thursday 1-3pm. Lots of different activities.  Contact [rayella.broomhead@letsbfriend.org.uk](mailto:rayella.broomhead@letsbfriend.org.uk) if you would like any more information. |
|  | **Dates of Future Meetings**   * Wednesday 20th November 2024 1.00pm – 3.00pm - Microsoft Teams Conference Call   If anyone would like a slot on a future agenda contact [james.green@derbyshire.gov.uk](mailto:james.green@derbyshire.gov.uk) |