

Family Help Team Briefing Sessions

September 2024-July 2025

The information in this booklet details the aim and objects of the briefing sessions that are delivered and facilitated by the Youth and Family Help Practitioners within the Family Help Team and our external partners.

About the Briefing Sessions

Attendees of the sessions will gain an overview of the subject matter and opportunity to ask area specific practitioners' further information around their practice. The briefings are all free of charge.

The Youth and Family Help Practitioners also deliver bespoke briefings if you feel you have a specific need this can be discussed with the Family Help Senior Practitioner within your locality.

High Peak and North Dale:

zoe.taylor@derbyshire.gov.uk

Chesterfield:

samia.hilton@derbyshire.gov.uk

North East Derbyshire and Bolsover:

brian.mckeown@derbyshire.gov.uk

hollie.fox@derbyshire.gov.uk

Amber Valley

tracy.reader@derbyshire.gov.uk

Erewash:

andrea.lowton@derbyshire.gov.uk

South Derbyshire and South Dales:

hayley.homer@derbyshire.gov.uk

How to book on the sessions

Please email:

- Your name,
- Email address,
- Role
- and Organisation
- Managers name and email

To CS.BSHQSupport@derbyshire.gov.uk

Please note*

Briefings are delivered via teams. Participants are expected to keep their cameras on and take part in group discussions.

You will be sent a reminder a week before the event. If you are no longer able to attend, please email

CS.BSHQSupport@derbyshire.gov.uk as we can offer the place to others on the waiting list.

Certificates

Certificates will be sent out by Business Services from CS BS HQ Support Email account. If you haven't received your certificate after 2 weeks of your training, please contact CS BS HQ Support and they will look into this.

Business Services will **not** send out certificates until the trainer confirms who has attended the training session.

Children at Risk of Criminal Exploitation (CRE)

This briefing is not open for DCC employees

Outline:

- What is Contextual Safeguarding and how it links to CRE.
- Where can you find the CRE toolkit?
- What is the CRE Risk Assessment?
- How does it fit into the bigger picture?

Dates and times:

12th	November 2024	09:30 – 11:30
14th	November 2024	13:30 – 15:30
11th	February 2025	09:30 - 11:30
13th	February 2025	13:30 – 15:30
10th	June 2025	09:30 – 11:30
12th	June 2025	13:30 – 15:30

The seminars will be delivered via Microsoft Teams, once you have booked a place, you will receive a Teams invite via an email.

To book a place: Please email your name, email address, role and organisation to CS.BSHQSupport@derbyshire.gov.uk

Early Help Assessment (EHA)/TAFs/Chronologies

This briefing is not open for DCC employees

Objectives:

- To share information about the Early Help Assessment, Team Around the Family approach and appropriate tools to support frontline Early Help practitioners to meet requirements.
- To share information about Chronologies and provide guidance on how to complete one.
- To understand the principles and content of Chronologies.

Dates and times:

12th	November 2024	13:30 – 15:30
20th	November 2024	09:30 – 11:30
21st	January 2025	13:30 – 15:30
23rd	January 2025	09:30 – 11:30
11th	March 2025	09:30 – 11:30
13th	March 2025	13:30 – 15:30
13th	May 2025	13:30 – 15:30
15th	May 2025	09:30 – 11:30

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Graded Care Profile

This briefing is not open for DCC employees

Objectives:

- To understand the processes around identifying neglect
- To be able to implement the use of the Graded Care Profile
- to inform decision making

Dates and times:

26 th	November 2024	10:00 – 12:00
26 th	November 2024	13:30 – 15:30
28 th	January 2025	10:00 – 12:00
28 th	January 2025	13:30 – 15:30
25 th	March 2025	10:00 – 12:00
25 th	March 2025	13:30 – 15:30
24 th	June 2025	10:00 – 12:00
24 th	June 2025	13:30 – 15:30

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CAMHS Briefings: Depression and Low Mood

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Understand what low mood and depression is and how it can develop and affect school and home life.
- Identifying low mood and depression in young people
- Recommended advice and approaches to improve mood and functioning.
- Supporting someone with suicidal thoughts
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

11th March 2025 09:30-11:30

PLEASE NOTE Training is via Microsoft Teams. You will be notified if a session is cancelled via email.

To book a place: Please email your name, email address, role and organisation to CS.BSHQSupport@derbyshire.gov.uk

CAMHS Briefings: Emotional regulation and developing positive coping strategies

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Learn about what impacts on a child's ability to regulate their emotions
- The role of coping strategies in managing distress.
- Supporting young people to recognise emotions and develop their own personal coping strategies.
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

14th May 2025

09:30-11:30

PLEASE NOTE Training is via Microsoft Teams. You will be notified if a session is cancelled via email.

To book a place: Please email your name, email address, role and organisation to CS.BSHQSupport@derbyshire.gov.uk

CAMHS Briefings: Looking Behind the Behaviour - An Introduction to Child Mental Health

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- An Introduction to Child Mental Health
- Reflect upon children's behaviour and seek to understand what might be driving it; this may include anxiety, low mood, neurodiversity and safeguarding reasons.
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

6th November 2024 09:30-11:30

PLEASE NOTE Training is via Microsoft Teams. You will be notified if a session is cancelled via email.

To book a place: Please email your name, email address, role and organisation to CS.BSHQSupport@derbyshire.gov.uk

CAMHS Briefings: Self Harm

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Develop your awareness, understanding and confidence of managing self harm in young people
- Highlight potential risk factors and discuss how these could be managed in your role.
- Learn about effective support strategies
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

10th February 2025 09:30-11:30

PLEASE NOTE Training is via Microsoft Teams. You will be notified if a session is cancelled via email.

To book a place: Please email your name, email address, role and organisation to CS.BSHQSupport@derbyshire.gov.uk

CAMHS Briefings: Understanding ADHD

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Increase understanding of ADHD.
- Understand the ADHD pathway.
- How ADHD may affect a child's functioning.
- Discuss strategies and ideas to support children and adolescents with ADHD at home and at school.
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

10th June 2025

09:30-11:30

PLEASE NOTE Training is via Microsoft Teams. You will be notified if a session is cancelled via email.

To book a place: Please email your name, email address, role and organisation to CS.BSHQSupport@derbyshire.gov.uk

CAMHS Briefings: Understanding Anxiety in children and young people

All Professionals, Organisations and Volunteers delivering Early Help

Outline:

- Recognising anxiety and how it affects a Child/Young person
- Understand what anxiety is and how it can develop and affect school and home life
- What you can do in your role to support an anxious Child/Young person and their family
- Learn about appropriate services to support children in Derbyshire and how to access them.

Dates and times:

9th December 2024 13:30 – 15:30

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Loan Shark Awareness

All Professionals, Organisations and Volunteers delivering Early Help

The cost-of-living crisis is hitting us all hard but it is even harder for our vulnerable families. The Illegal Money Lending Team (also known as [Stop Loan Sharks](#)) is a national organisation that investigates and prosecutes illegal money lenders and provides specialist support for people affected by this crime.

Outline:

- The awareness session will help you to understand the world of illegal money lending; including how to identify victims and signpost them to specialist support.

Dates and times:

25 th	October 2024	09:30 – 11:30
6 th	November 2024	13:30 – 15:30
14 th	January 2025	09:30 – 11:30
10 th	February 2025	13:30 – 15:30
24 th	April 2025	09:30 – 11:30
11 th	June 2025	13:30 – 15:30

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Oral Health Awareness: Children's Services

Professional Development Sessions 2 hours CPD

Outline:

Providing current evidenced based information to help the promotion of positive oral health messages with children, young people, families, and communities.

- Exploring Key preventative messages
- Supporting behaviours which will improve oral health outcomes

Dates and times:

5 th	December 2024	09:30 - 11:30
10 th	December 2024	13:30 – 15:30
14 th	January 2025	13:30 – 15:30
16 th	January 2025	09:30 – 11:30
6 th	May 2025	13:30 - 15:30
8 th	May 2025	09:30 – 11:30
10 th	June 2025	13:30 – 15:30
12 th	June 2025	09:30 – 11:30

PLEASE NOTE we need a minimum of 6 attendees to deliver each session. You will be notified if a session is cancelled via email. Training is via Microsoft Teams.

To book a place: Please email your name, email address, role and organisation to CS.BSHQSupport@derbyshire.gov.uk

Young Carers

***For All Professionals, Organisations and Volunteers
delivering Early Help***

Outline:

- Online workshops exploring the issues surrounding Young Carers including impact, identification, and support.

Dates and times:

3rd	December 2024	09:30 - 11:30
10th	December 2024	13:30 - 15:30
25th	March 2025	09:30 - 11:30
1st	April 2025	13:30 - 15:30
10th	June 2025	09:30-11:30
17th	June 2025	13:30 - 15:30

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Enabling Conversations with Young People around Alcohol, Cannabis & Vaping

Aims:

- Age 11 – 15 prevention and early intervention.
- Age 16+ harm minimisation and resilience/ coping strategies.

Objectives:

- To understand young people's choices/ attitude.
- To explore the effects of these substances on the still developing body.
- To enable you to help young people make informed choices.

Dates and times:

24 th	October 2024	09:30 - 11:30
7 th	November 2024	13:30 – 15:30
11 th	November 2024	09:30 – 11:30
14 th	November 2024	13:30 – 15:30
18 th	November 2024	13:30 – 15:30
19 th	November 2024	13:30 – 15:30
26 th	November 2024	13:30 – 15:30
2 nd	December 2024	13:30 – 15:30
10 th	December 2024	13:30 – 15:30
13 th	January 2025	09:30 – 11:30
14 th	January 2025	13:30 – 15:30
20 th	January 2025	13:30 – 15:30
21 st	January 2025	09:30 – 11:30
24 th	February 2025	09:30 – 11:30
25 th	February 2025	13:30 – 15:30



17th	March 2025	13:30 – 15:30
18th	March 2025	13:30 – 15:30
12th	May 2025	13:30 – 15:30
13th	May 2025	09:30 – 11:30
20th	May 2025	09:30 – 11:30

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Stronger Families, Safer Children

Outline of session (aims and objectives):

- Introduce the SFSC practice model
- Look at the guiding principles behind the model and what that means for the children & young people we work with.
- Discuss the Strengths & wellbeing tool which can be used when doing assessments, meetings or reflective supervisions.

Dates and times:

14th	November 2024	09:30-11:30
24th	January 2025	09:30-11:30
30th	April 2025	13:30-15:30
25th	June 2025	09:30-11:30

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