

**Tue 21 Jan 2025**

9.30am-12 noon online

# Connecting Nature and Movement Workshop

active  
environment  
>network<



**CLICK HERE**  
to register

This session will examine the relationship between nature and movement, highlighting the good practice that is contributing to the creation of safe and accessible blue and green spaces.

Contributors will include: Professor Miles Richardson of the University of Derby, colleagues from Natural England, Canal and Rivers Trust, Wildlife Trusts and the National Forest.

The workshop is suitable for anyone who is interested in people enhancing their physical and mental wellbeing by being active in open space whether that's in city, town or rural locations.

 active  
notts

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derbyshire

