



**Bassetlaw VCSE Health and
Wellbeing Forum
Wednesday 16th October
9.30am – 12 noon**





BCVS | **50th** | **BCVS**

Bassetlaw Community and Voluntary Service

Anniversary | 1973 - 2023

Bolsover Community and Voluntary Service

Agenda

- **Welcome and housekeeping**
- **Introductions**
- **VCSE Sector News update**
- **Guest Presentation**
- **Comfort Break and networking**
- **Organisation updates in a Round Robin format**
- **Networking and refreshments**

Becky Law BCVS

All

Becky Law BCVS

Trev Pressley, Citizens Advice North Notts

Energy Advice On Prescription





AI Impact Platform for community organisations

CRM system

Partner access for data collation and extraction

Allows anonymous collation of all Bassetlaw data for District / Place
evidence of need and impact



BASSETLAW Food Hubs



October Half Term 2024 Food Support in Bassetlaw



All food Hubs are open to all and there is no eligibility criteria.

Weekly Food Hubs (Term Time)

Monday

Devonshire Rd,
Harworth - 2.00pm

Ramsden Primary
2.30pm

Mattersey Primary
2.45pm

Haggonfields
Primary - 3.00pm

Tuesday

Lime Tree Nursery - 12.45pm
St Paul's, Manton - 2.00pm
Now Church, Langold
9.30am - 2.30pm

Friday

Carr Hill Primary 2.30pm

Ordsall Primary 2.45pm

Redlands Primary 3.00pm

Wednesday

Now Church,
Langold
9.30am - 2.30pm
& 7.00pm - 8.00pm



Harworth, DN11 8HG

Devonshire Road Community Centre - Harworth
£4 per bag
Monday 2.00pm



Worksop, S80 2TS

St Paul's Food Pantry
£4.50 per bag
Tuesday 2pm
Wednesday 6pm - 7:30pm
Sunday 12pm - 1pm



Langold, S81 9RJ

Now Church Langold Food Hubs
£5.00 for 20 items
Tuesday 9:30am - 12:00pm
Wednesday 6:30pm - 8:00pm



Bassetlaw

October Half-Term Events & Support



www.mentalhealthbassetlaw.org/school-holidays

Local & Low Cost Events & Activities
Food & Cost of Living Support
Essential Health Information + lots more



Funded by
UK Government

FREE HALF TERM EVENTS AT CHEAPSIDE GREEN COMMUNITY HUB

GROW | LEARN | CONNECT

MONDAY 21st OCTOBER

Communal cooking
For all ages
9:30am - 12pm

Learn about nutrition, sustainable cooking, food waste reduction. Use local ingredients to make a healthy meal.



Eating and socialising
For all ages
12:30pm - 2:30pm

Eat a delicious meal together, get to know people in the area. You don't need to have attended the morning's cooking session.

FRIDAY 25th OCTOBER

Sustainable gardening
For all ages
9:30am - 12pm

Learn about sustainable gardening techniques. You can bring plant seeds to share or exchange with others.



DIY Bird/bat box
For all ages
1pm - 3pm

Make your own bird or bat box to take home or display at the Hub. Learn the basics of wood working from an expert.

THURSDAY 31st OCTOBER

Wellies in the Woods
For ages 2 - 5
9:30am - 11:30am

Enjoy Halloween-themed story time, scavenger hunt, nature crafts, and more. Children must be accompanied by an adult.



Pumpkin carving
For all ages
12pm - 2pm

Carve your own spooky pumpkin to take home for Halloween, while learning about sustainable ways to use pumpkins.

All events are FREE to attend, with materials provided!

Address: Cheapside Green Community Hub, Cheapside, Worksop, S80 2JD

Booking essential. Scan the QR code or:



www.groundwork.org.uk/cheapside
environment@groundworknottingham.org.uk
0784 2431 852





Winter Conversations Meeting

Thursday 17th 10 – 11am

Join the meeting [here](#)

Agenda

- **Winter fuel payments / pension credits / access benefits**
- **NCC electric blanket testing sessions**
- **Warm Packs – Bassetlaw Action Centre**
- **Warm spaces + activity groups – potential impact of winter fuel allowance eligibility changes**
- **Communications**
- **Organisation updates and info sharing**
- **AOB**



The Priory Gatehouse are giving away an inflatable bouncy castle and inflatable ball pit, both with pumps as pictured above for free. Not been used for a while so condition is unknown. Collection only.
Contact bcvs@bcvs.org.uk or phone 01909 476118 and speak to Keiron.



Tackling Loneliness Collaborative

Nottingham &
Nottinghamshire



Conference
Tuesday 12th
November
9.30am-4pm

Loneliness Research
National Guest Speakers
Showcasing New Resources
Networking

The ICCA 99 Hucknall Road, Carrington,
Nottingham, NG5 1QZ

Email: kirsty.veitch-sorsby@bcvs.org.uk

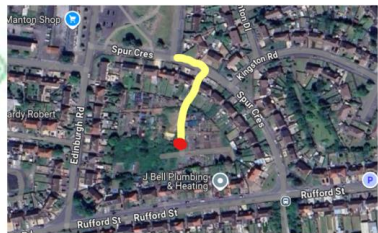
BOOK NOW!



Spaces are limited!

Contact kirsty.veitch-sorsby@bcvs.org.uk
to book a space now





Week 7!



Ring BCVS on 01909
476118 to find out more
or visit
bcvs.org.uk/freshstreet
for translation

Great news - your household has been selected to be one of 40 to receive fruit and veg vouchers worth £10 every week for at least 25 weeks as part of the Fresh Street, Manton Research Pilot.

Bring your vouchers to Willow Community Garden, Spur Crescent, S80 2UA between 12 noon and 1.30pm on 17th October 2024

Fresh Street

<https://www.freshstreet.uk/>

For many households healthy foods, especially fruit and vegetables, are unavailable, unaffordable, or inaccessible. Fresh Street is an innovative area/ place based approach designed to support food / public health nutrition policy makers build healthier and fairer local food systems.

Fresh Street – a place based approach

Regular vouchers for fruit and vegetables that can be used with local independent fruit and vegetable retailers.

UK fruit and vegetable consumption continues to be below the recommended 5-a-day. Despite national healthy eating information campaigns, and support for families on low incomes on benefits (Healthy Start), just 20% of the UK population eat the recommended 5 daily portions of fresh fruit and vegetables.

Venue: Willow Garden, Spur Crescent Manton

S80 2UA



**Packed lunch for children.
Use QR code to subscribe**

12pm - 2pm

**Pumpkin painting, mask
making, apple bobbing,
arts and crafts,
Halloween treasure
hunt**

**Contact BCVS
for more
information
01909 476118**



MANTON FAMILY



**5pm
- 7pm**

**31st October
2024**



**CELEBRATE
THE LIGHT
PARTY"
Wear your
sparkliest
outfit!**

**Make your own
lantern, craft
activity, Hot
dogs, drinks,
Fireworks
display after.
Free entry and
activities**

**Venue:
St Pauls
Church
Hall
S80 2TS**

**Cash Donations
welcome.**

**BBQ,
forest
school,
face
painting,
pumpkin
carving**

**Venue: Manton
Family Hub,
Community
Way,
Shrewsbury
Road S80 2TQ**



2pm - 4pm



**Free family day – open to all
Bassetlaw residents**

Don't forget to book a free appointment to get your electric blanket tested to make sure it's safe to use this winter

Next week, our Trading Standards team is running three free events across Nottinghamshire to test residents' electric mattress blankets. If you are planning on using an electric blanket on your bed this winter, it's vital that you make sure it is safe, because old, worn or faulty electric blankets can cause house fire

Testing will take just 5 minutes and if your electric mattress blanket is found to be unsafe, we will replace it for FREE.

Have you had your electric blanket tested?



Book a free appointment to make sure your blanket is safe.



If your mattress blanket fails our safety testing we'll give you a **free** replacement.



 Nottinghamshire
County Council

Wednesday 23 October: Newark Library

Thursday 24 October: Retford Fire Station

Friday 25 October: Cotgrave Futures

To book an appointment please call us on 0115 804 4555.





Adult Social Care

DROP-IN SESSIONS

You told us that information about adult social care can be difficult to access.



In response, we are running monthly **drop-in sessions** where you can find out how you can live independently and safely in your community. We can help you with information on:

- wellbeing and independence
- community activities and day opportunities
- mobility equipment and technology enabled care
- information on local support services
- finding a care home

Sessions will take place at Worksop Library from 10am-4pm on:

- Tuesday 15 October 2024
- Tuesday 12 November 2024
- Tuesday 10 December 2024

No need to book, just drop in and speak to one of our friendly team.



Nottinghamshire County Council colleagues are at Inspire Worksop Library on Nov 12th and Dec 10th from 10am until 4pm for monthly Adult Social Care advice and information drop in sessions.

Teaching and Mentoring Skills for Volunteers: How to Make a Bigger Impact



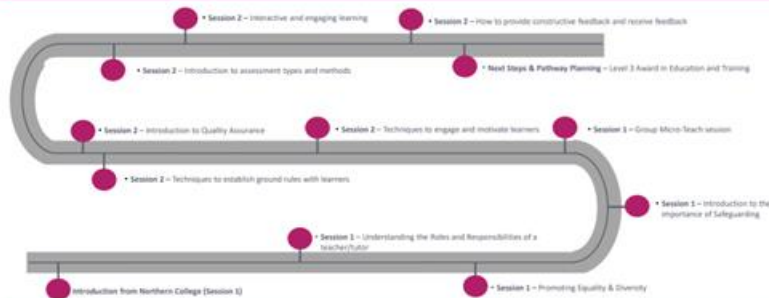
Strategies for presenting skills and knowledge to others.



Develop your people management skills.



Boost your confidence and passion for supporting others into volunteering.



Interested in this course?

Delivery takes place on Tuesday 22nd October and Wednesday 23rd October at Hillstown Village Hall, Bolsover, S44 6LW

Sessions will run 10:00 till 15:00

If you are interested in attending please contact:
 Claire Morton - Bolsover CVS on claire.morton@bcvs.org.uk
 Steph Eyre - Northern College on outreach@northern.ac.uk

Adult students are eligible to have their courses fully funded if they are:

- Students must be 19+ born on or before 31st August 2005 to be eligible for funding
- unemployed
- on certain benefits (Universal Credit - take home pay less than £617 per month for a single claim or £988 per month for a joint claim, Jobseekers Allowance - including National Insurance Credits only, Employment Support Allowance, Other state benefits if take home pay is less than £67 per month for a single claim or £988 per month for a joint claim AND the student states at enrolment that they are looking for work)
- if gross annual salary is less than: £25,000 for residents who live in Derbyshire or Nottinghamshire

Worried about money this Winter?

Make sure you're claiming the benefits
and energy savings you're entitled to.

Drop into **Aurora (Old Worksop Library)** on
Thursday 17th October from **9.30am - 3pm** to find
out what you may be able to claim.

Citizens Advice can do a free eligibility check for
benefits including Attendance Allowance and
Pension Credit, which may mean you're entitled to
the Winter Fuel Payment

On the day, please bring

1. Information about any income, savings and
investments you have
2. Your bank account details



CITIZENS ADVICE NORTH NOTTS

Worried about money this winter? Come and get a free benefit eligibility check at our event

We are holding a drop in session at Aurora Wellbeing Centre Bassetlaw on **Thursday 17th October from 9.30 - 3.00pm** where our team will be on hand to check whether there are any benefits you may be entitled to, such as **Attendance Allowance and Pension Credit**, which may mean you're entitled to the **winter fuel payment**. Our energy adviser will also be in hand with any of your queries and offer energy saving advice.

Come along and see us. No appointment necessary.





For a regular weekly update – sign up to the
BCVS Friday bulletin

<https://www.bcvs.org.uk/newsletters>





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Future VCSE Health and Wellbeing Forums



Weds 22nd Jan 2025

9.30 – 12.00

Weds 23rd April 2025

9.30 – 12.00

Weds 16th July 2025

9.30 – 12.00

