

Freedom - Grow Your Own

Freedom charity are offering volunteers ages 18-25 the opportunity to volunteer on their community allotment. All the produce grown in this allotment is for the Freedom low cost Stepping Stone Food Pantry, which is accessible for those in need within our community. You will learn all about soil management and improvement, pest prevention and control, composting techniques, plant division, irrigation, propagation and much more. Not only learning green skills, but also improving physical and mental health. Grow your own runs Monday – Thursday 9am – 2pm and volunteers are able to pick which day best suits them.

Which Sustainable Development Goals does this volunteer project work towards?

- 1- No poverty
- 2- Zero hunger
- 3- Good health and wellbeing
- 4- Quality education
- 9- Industry, innovation and infrastructure
- 10- Reduced inequalities
- 11 – Sustainable cities and communities
- 12- Responsible consumption and production
- 13- Climate action
- 15- Life on land
- 16- Peace, justice and strong institutions

How to volunteer: Contact the Green Generation team to express your interest.

Phone: 01246 60 50 75

Email: greengeneration@bcvs.org.uk

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