



**Bassetlaw VCSE Health and
Wellbeing Forum
Wednesday 22nd January
9.30am – 12 noon**





BCVS | **50th** | **BCVS**

Bassetlaw Community and Voluntary Service

Anniversary | 1973 - 2023

Bolsover Community and Voluntary Service

Agenda

- Welcome and housekeeping
- Introductions
- VCSE Sector News update
- Guest Presentation

- Comfort Break and networking
- Organisation updates in a Round Robin format
- Networking and refreshments

Becky Law BCVS

All

Becky Law BCVS

Craig Wheatley, Individual Placement Support, Work and Wellbeing team lead at SYHA



AI Basics Training

Tuesday 28th January

9.30am - 12.30pm via Microsoft Teams

- ChatGPT
- Copilot
- Creating documents
- Proof-reading documents
- Getting ideas for writing
- Summarising texts
- Creating images



Click [HERE](#) to book your place

Cost: Free to BCVS members - Not a member?

Sign up here: <https://www.bcvs.org.uk/applyformembership>

Limited Spaces
Please book online
to secure your place



Inspire
Adult Learning
Culture | Learning | Libraries





East Midlands VCSE Alliance



Invitation to Join the East Midlands VCSE Alliance (EMVA)

BCVS is pleased to invite our member organisations to join the newly established East Midlands VCSE Alliance (EMVA).

The BCVS led development of EMVA marks a new exciting opportunity for VCSE organisations across Derbyshire and Nottinghamshire to work together to access regional, national, and international funding streams. BCVS has invested in a new AI system 'Plinth' which will support us to support our members to access new funding. Our vision is to ensure that the East Midlands VCSE sector receives its fair share of investment, enabling us to better serve our communities.

Find out more and apply here

<https://www.bcvs.org.uk/east-midlands-vcse-alliance>

#EMVA #EastMidlands #VCSEAlliance



Adult Social Care

DROP-IN SESSIONS

Are you looking for advice or information on Adult Social Care?

We know that it can be difficult to access advice and information about Adult Social Care and the support available in your area. In response to your feedback, we are running monthly drop-in sessions where you can find out how you can live independently and safely in your community.

We can help you with information on:

- wellbeing and independence
- community activities and day opportunities
- mobility equipment and technology enabled care
- information on local support services
- finding a care home

Sessions will take place at Worksop Library from 10am-4pm on:

- Tuesday 14 January 2025
- Tuesday 11 February 2025
- Tuesday 11 March 2025

No need to book, just drop in and speak to one of our friendly team.

080712-249089



Nottinghamshire County Council colleagues are at Inspire Worksop Library on Feb 11th and March 11th from 10am until 4pm for monthly Adult Social Care advice and information drop in sessions.

J9 Safe Space training

Wednesday 26th February

11.00am - 12.30pm

BCVS, Priorswell Road, S80 2BU

Any business, organisation or community venue can become a J9 Safe Space.

A J9 Safe Space is where people experiencing domestic abuse can safely and discreetly get information and use a phone to contact a support service.

To become a J9 Safe Space

- More than 50% of your staff attend the J9 training
- At least 1 senior member of staff must attend the J9 training

Limited Spaces

Please book online to secure your place

Cost: Free to BCVS members - Not a member?

Sign up here: <https://www.bcvs.org.uk/applyformembership>



To book click [HERE](#)

Find out more about J9 safe spaces here:

<https://equation.org.uk/j9-creating-safe-spaces-in-the-community/>





Funded by
UK Government



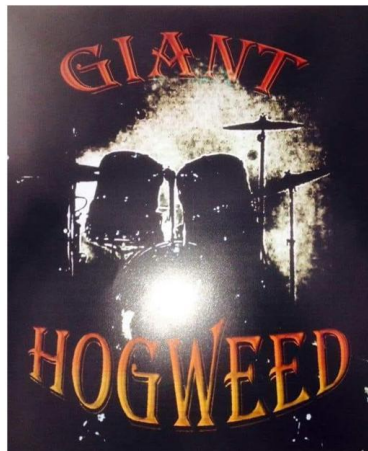
Focus
on Young People
in Bassetlaw



GIANT
HOGWEED

*Charity
Night*

£15



RETFORD TOWN HALL

Friday 21st February

7.00 p.m. - 10.00 p.m.

Licensed Bar

Bring your own table snacks

t: 01909 531504 e: support@foypib.org.uk



Bassetlaw
DISTRICT COUNCIL
— North Nottinghamshire —

<https://www.foypib.org.uk/events/giant-hogweed-play-retford-town-hall-2/>



News from Sharon and Hazel – Alzheimer’s Society in Bassetlaw



The Kilton Hub has successfully completed its first year of operation, providing comprehensive support for people living with dementia and their families. This initiative has been met with great success, and we are thrilled to announce that the commissioners have approved the development of the Peer Hub Service.

This extension to the Peer hub service will be a Rural Hub & will support the local Villages; looking to launch in April in the Bassetlaw Village, Venue to be confirmed.

This new service will build on our existing efforts, offering additional resources and support to our community. We are excited about the opportunities this will bring and look forward to sharing more details with you soon.

Additionally

New Chair exercise Class For people living with dementia or their carers, will launch on the 19th Feb
Venue Devonshire Community Centre Harwoth

Further information contact Hazel or Sharon:

Sharon Grocock
Dementia Adviser
Sharon.grocock@alzheimers.org.uk
Mobile Number **07522620095**
Nottinghamshire
Working Hours 8.30-4.30 (Mon-Fri)
Dementia Connect Line 0333 150 3456
alzheimers.org.uk
facebook.com/alzheimerssocietyuk
twitter.com/alzheimerssoc

Hazel Tengku Chik Melewar
hazeltengkuchik.melewar@alzheimers.org.uk



Alzheimer's Society Annual Conference 2025

<https://www.alzheimers.org.uk/dementia-professionals/conferences-and-events/annual-conference>

This is the link to register interest for attending our annual conference on 11th September. Further details are yet to be announced but it's a case of ensuring it's in people's diaries if they're looking to attend.

Many thanks,

Tom Carter (*He/Him*)

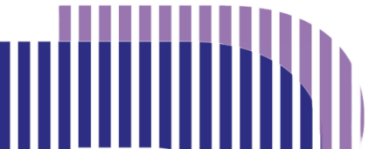
#MyNameIs pronounced [KAR-tuh]

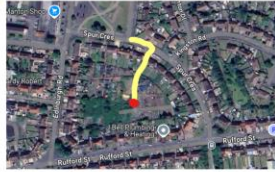
Local Services Manager – Nottingham & Nottinghamshire

Alzheimer's Society

T: 07355 009830

E: Tom.Carter@alzheimers.org.uk





Week 18!



Ring BCVS on 01909
476118 to find out more
or visit
bcvs.org.uk/freshstreet
for translation

Great news - your household has been selected to be one of 40 to receive fruit and veg vouchers worth £10 every week for at least 25 weeks as part of the Fresh Street, Manton Research Pilot.

Bring your vouchers to Willow Community Garden, Spur Crescent, S80 2UA between 12 noon and 1.30pm on Thursday 2nd January 2025

Fresh Street

<https://www.freshstreet.uk/>

For many households healthy foods, especially fruit and vegetables, are unavailable, unaffordable, or inaccessible. Fresh Street is an innovative area/ place based approach designed to support food / public health nutrition policy makers build healthier and fairer local food systems.

Fresh Street – a place based approach

Regular vouchers for fruit and vegetables that can be used with local independent fruit and vegetable retailers.

UK fruit and vegetable consumption continues to be below the recommended 5-a-day. Despite national healthy eating information campaigns, and support for families on low incomes on benefits (Healthy Start), just 20% of the UK population eat the recommended 5 daily portions of fresh fruit and vegetables.





For a regular weekly update – sign up to the
BCVS Friday bulletin

<https://www.bcvs.org.uk/newsletters>





BCVS

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Future VCSE Health and Wellbeing Forums



Weds 23rd April 2025

9.30 – 12.00

Weds 23rd July 2025

9.30 – 12.00

Weds 15th Oct 2025

9.30 – 12.00

