

# MACMILLAN CANCER SUPPORT

## MONTHLY WALKING GROUP

Have you had a cancer diagnosis or are recovering from treatment?

You are invited to join our friendly walking group and are welcome to bring someone with you.



### Meeting point

Macmillan Information and Support Centre.  
Chesterfield Royal Hospital  
Chesterfield Road  
Calow  
S44 5BL

### Registration

Please register at the Centre or call the number below and ask for Michelle or Claire.

 01246 516406

 [crhft.macmillaninfo@nhs.net](mailto:crhft.macmillaninfo@nhs.net)

Michelle and Claire qualified Walk Leaders will guide you on local walks.



All abilities are catered for with planned routes and volunteer support.



Fridays 2 - 3.30pm

February 14th

March 14th

April 11th

May 9th

June 13th

July 11th

August 8th

Sept 12th

October 10th

November 14th

December 12th