

Adult Social Care

# DROP-IN SESSIONS

**You told us that information about Adult Social Care can be difficult to access.**



In response, we are running monthly **drop-in sessions** where you can find out how you can live independently and safely in your community. We can help you with information on:

- wellbeing and independence
- community activities and day opportunities
- mobility equipment and technology enabled care
- information on local support services
- finding a care home

Sessions will take place at Worksop Library from 10am-4pm on:

- Tuesday 14 January 2025
- Tuesday 11 February 2025
- Tuesday 11 March 2025

**No need to book, just drop in and speak to one of our friendly team.**

