



**WINTER / SPRING 2025
CPD TRAINING**



SMOKING CESSATION

FREE 1.5 hour training sessions to support suitable for healthcare services and partner organisations online

THURSDAY 27TH MARCH, 13:00 -14:30 GMT

WHAT DO WE COVER?

BASIC MOTIVATIONAL INTERVIEWING TECHNIQUES



CURRENT NICOINE REPLACEMENT THERAPY AVAILABLE



BRIEF ADVICE AND INTERVENTIONS FOR SMOKING CESSATION



SIGNPOSTING TO LOCAL STOP SMOKING SERVICES



<https://www.eventbrite.co.uk/o/your-health-notts-29949232315>



0115 772 2515